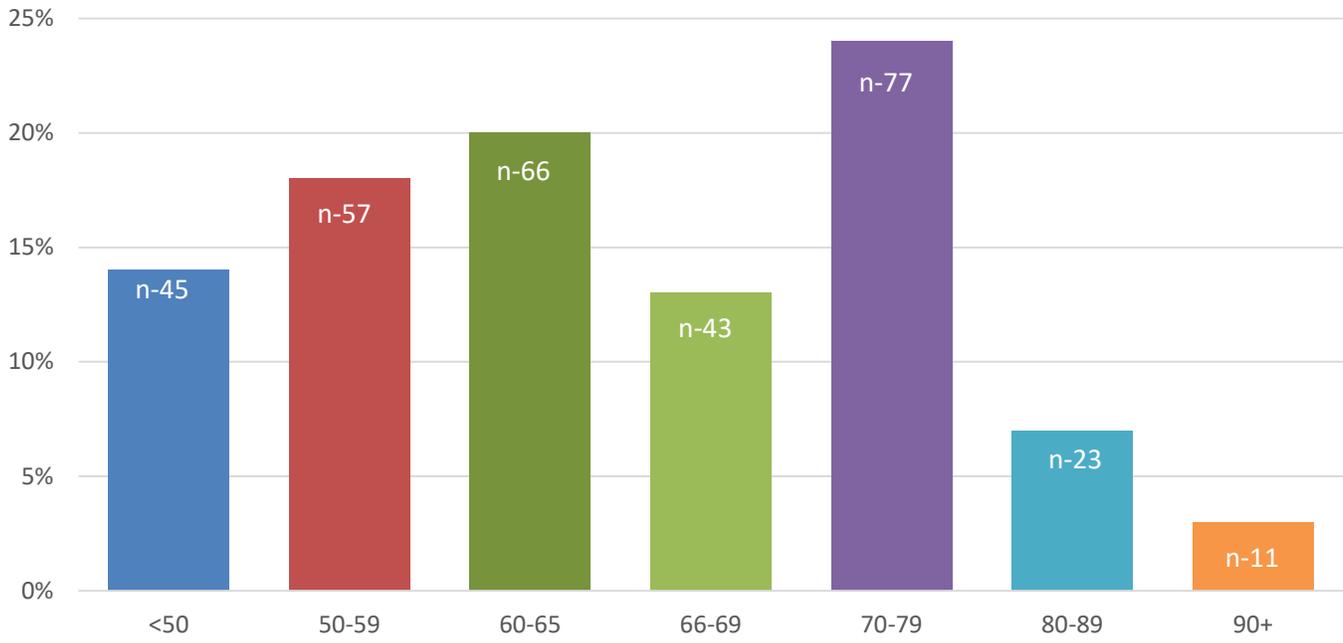


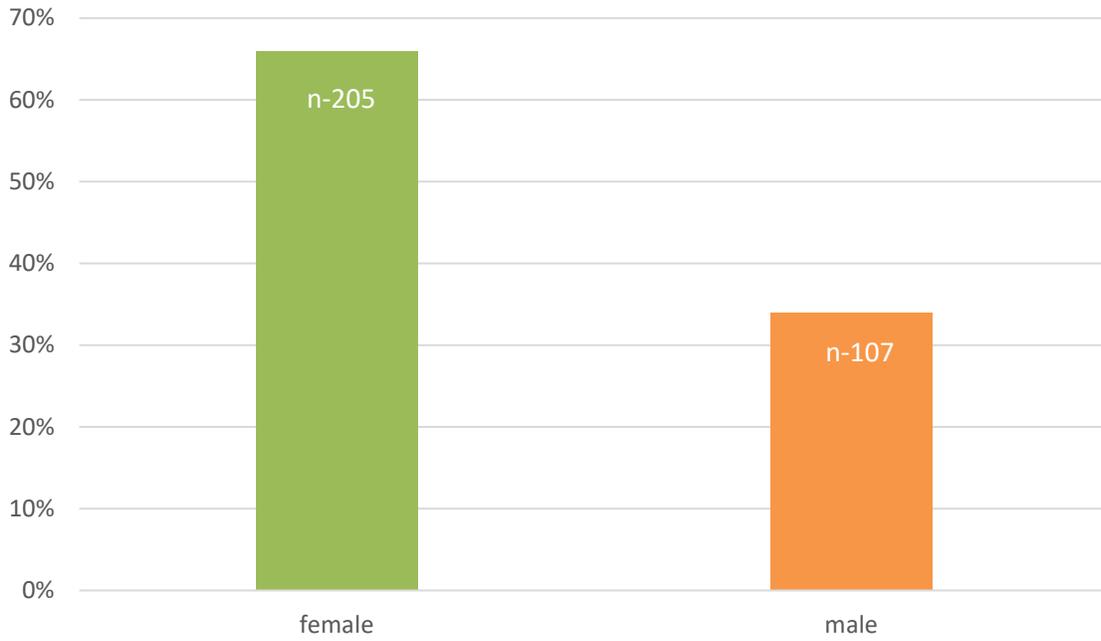
### Your age (in years)?

Answered: 322    Skipped: 8



## What is your gender?

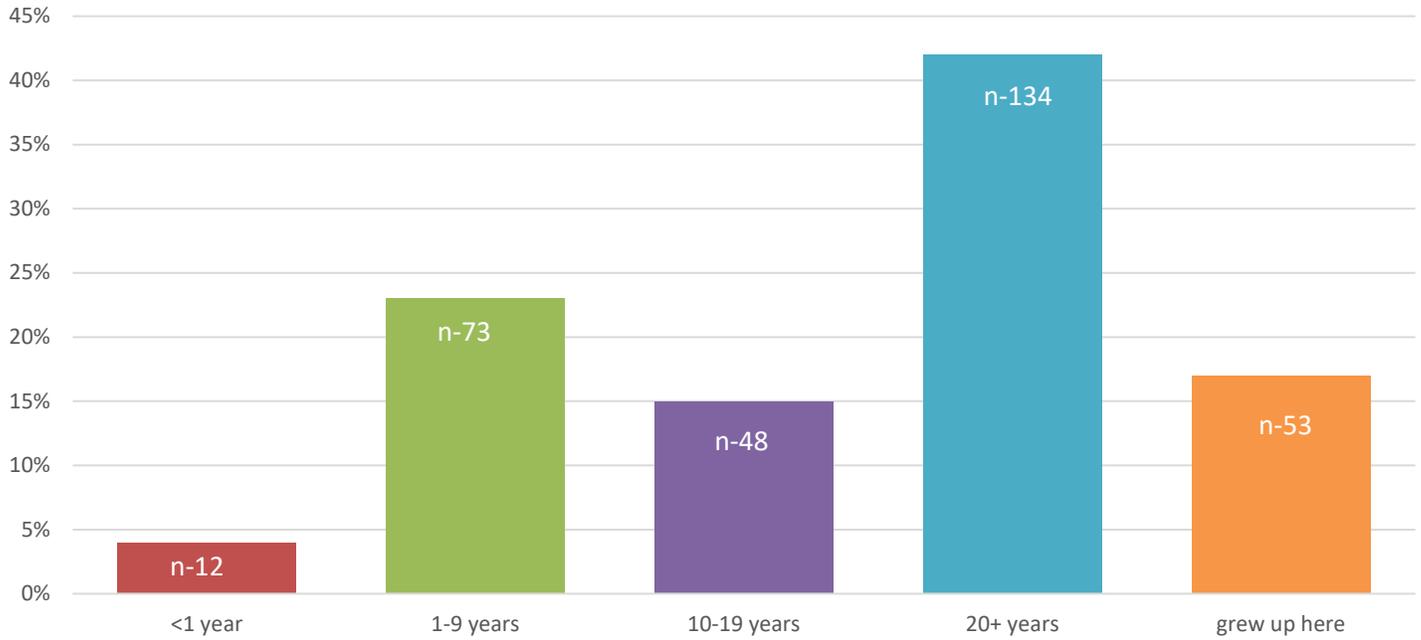
Answered: 313 Skipped: 17



*Note: One respondent indicated "other" to signify a couple.*

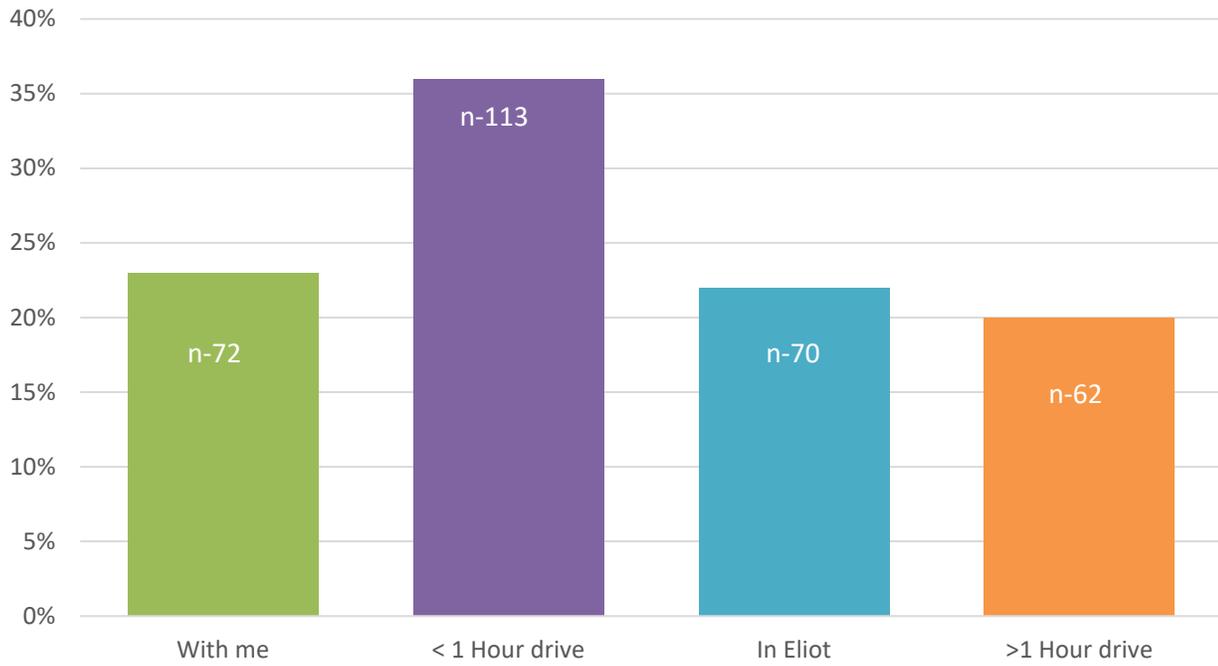
## How many years have you lived in Eliot? (check all that apply)

Answered: 320 Skipped: 10



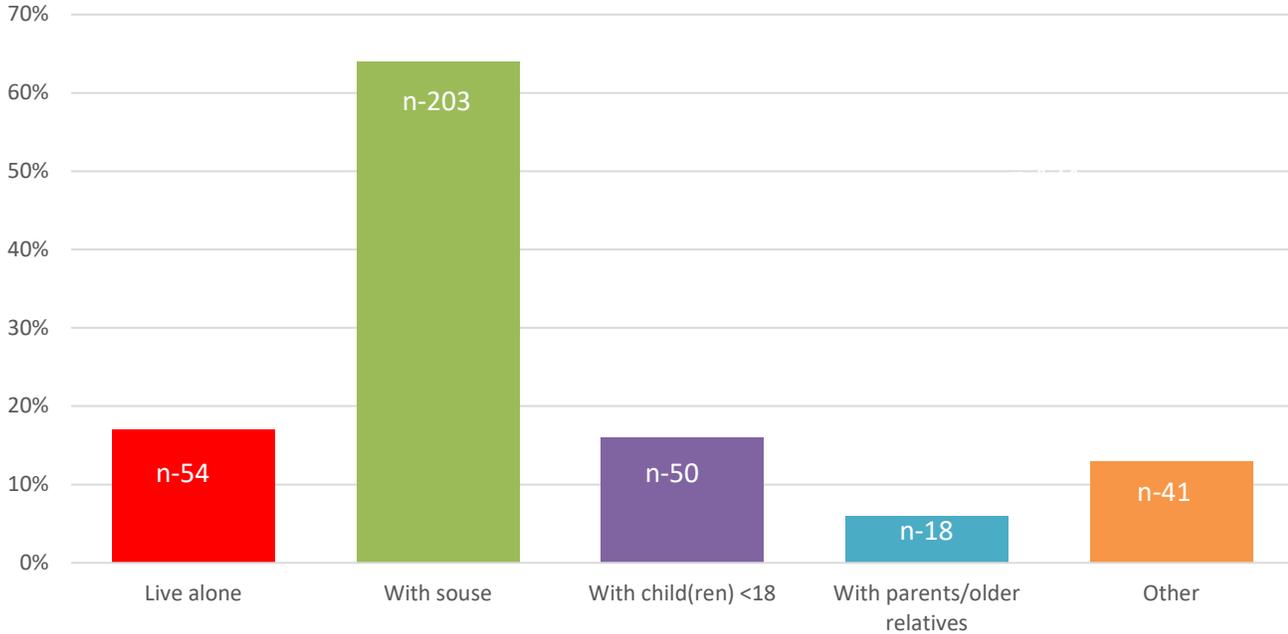
## Your nearest family lives...

Answered: 317 Skipped: 13



## Describe your household (check all that apply)

Answered: 318 Skipped: 12

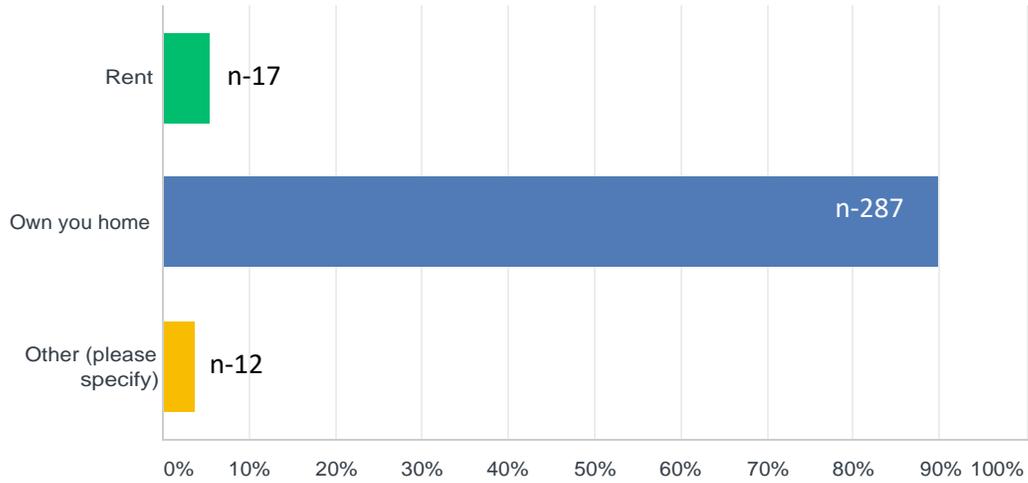


### Among the 41 people who indicated other:

- 18 indicated girlfriend, life partner, fiancée, etc. (including "husband lives with me part of the year and on weekends")
- 6 indicated living with a child under 18 (2 were custodial grandparents)
- 16 indicated living with children over age 18 (adult children)
- 3 older relatives (parents, grandparents, uncles, siblings)
- 5 indicated disabled child/sibling
- 1 going though divorce (life transition)
- 2 Baran Place or senior housing complex
- 1 Someone
- 1 Distant care partner (87 year old MIL lives in Dover, couple is responsible)

## What is your current living arrangement?

Answered: 316 Skipped: 14

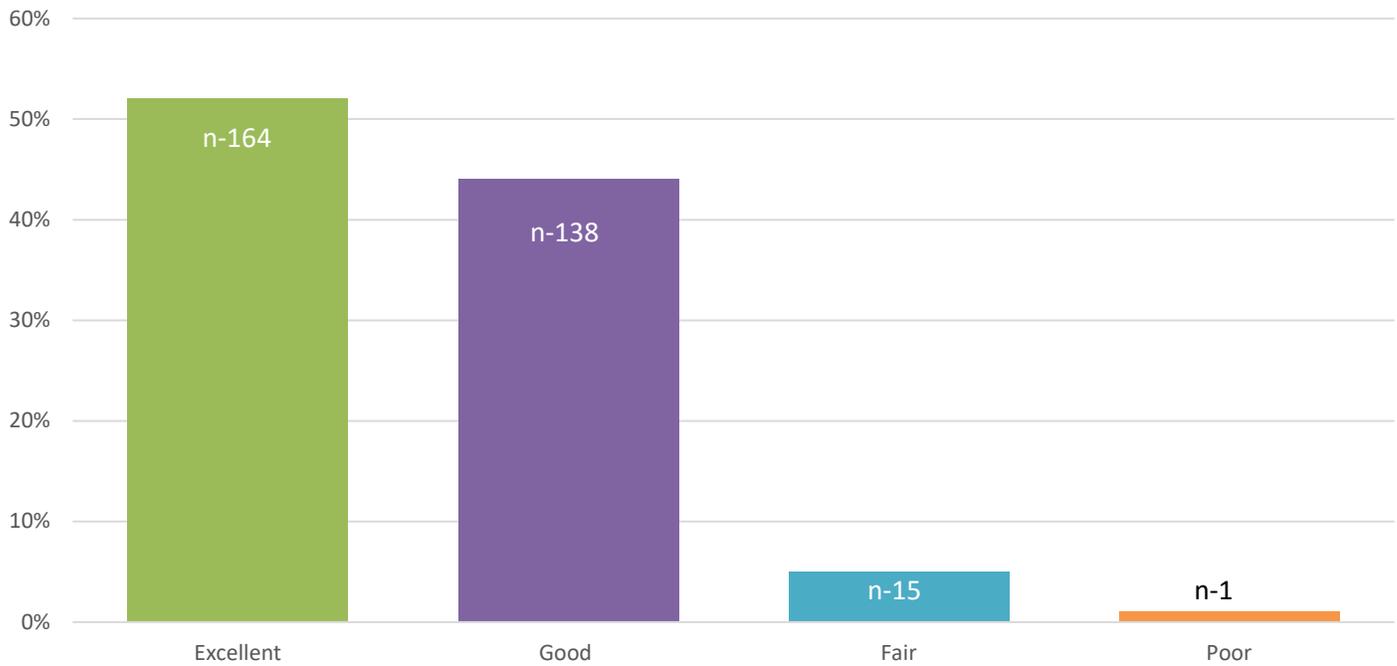


Among the 12 people who indicated other:

- 2 not specified (just checked)
- 1 caregiver
- 4 own home; rent lot
- 1 residing with family
- 1 contribute to expenses
- 1 reversible mortgage
- 2 live with parents

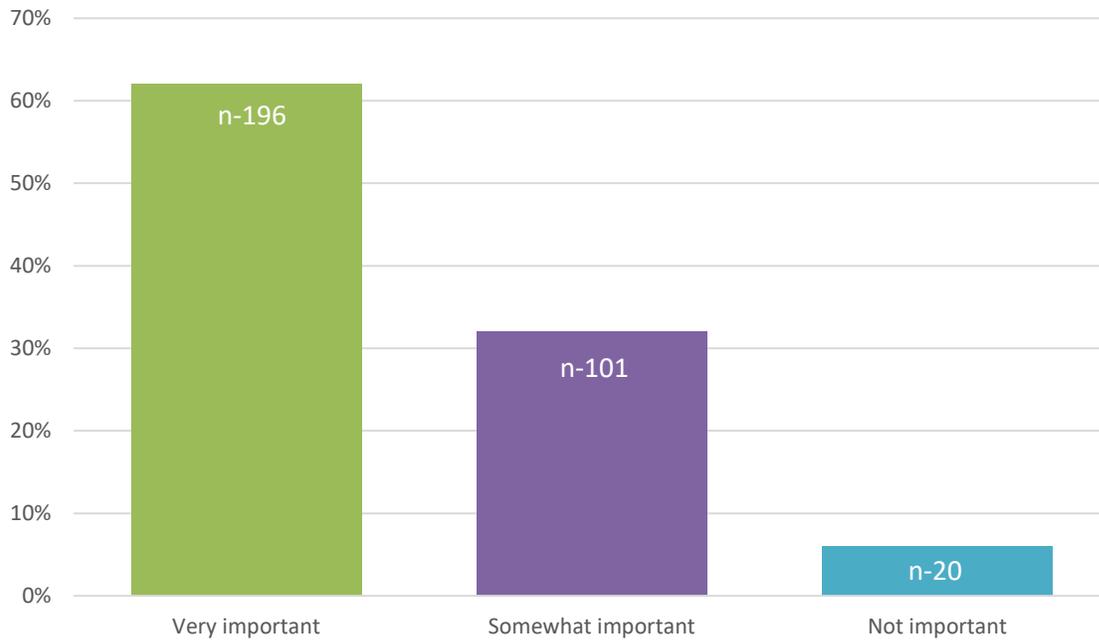
# 1. How would you rate Eliot as a place for people to live?

Answered: 315 Skipped: 15



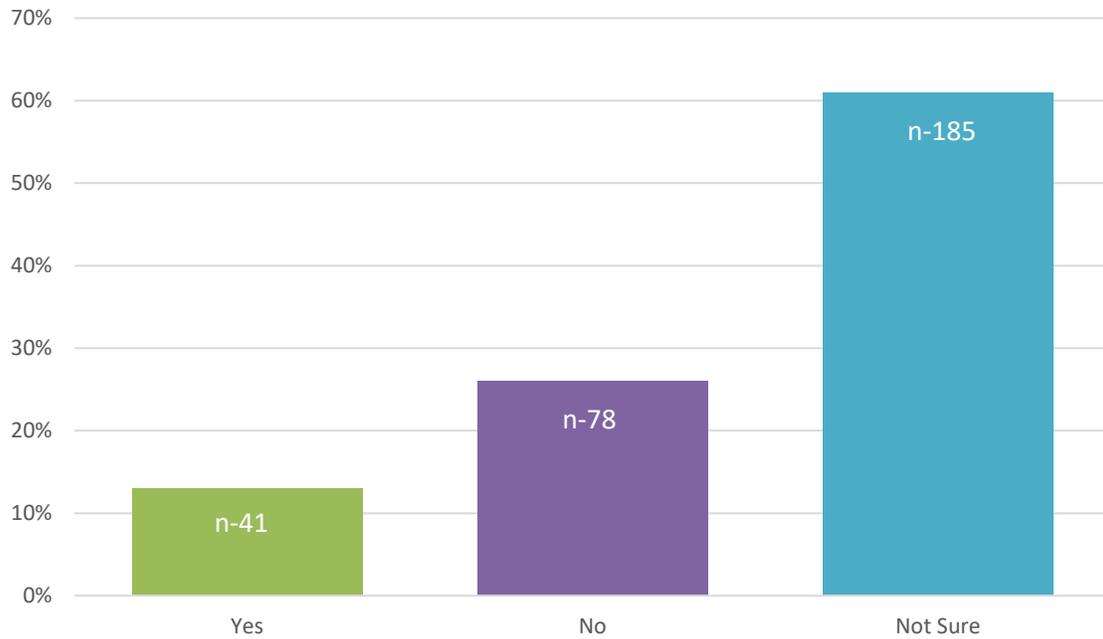
## 2. How important is it for you to remain in Eliot as you age?

Answered: 317 Skipped: 13



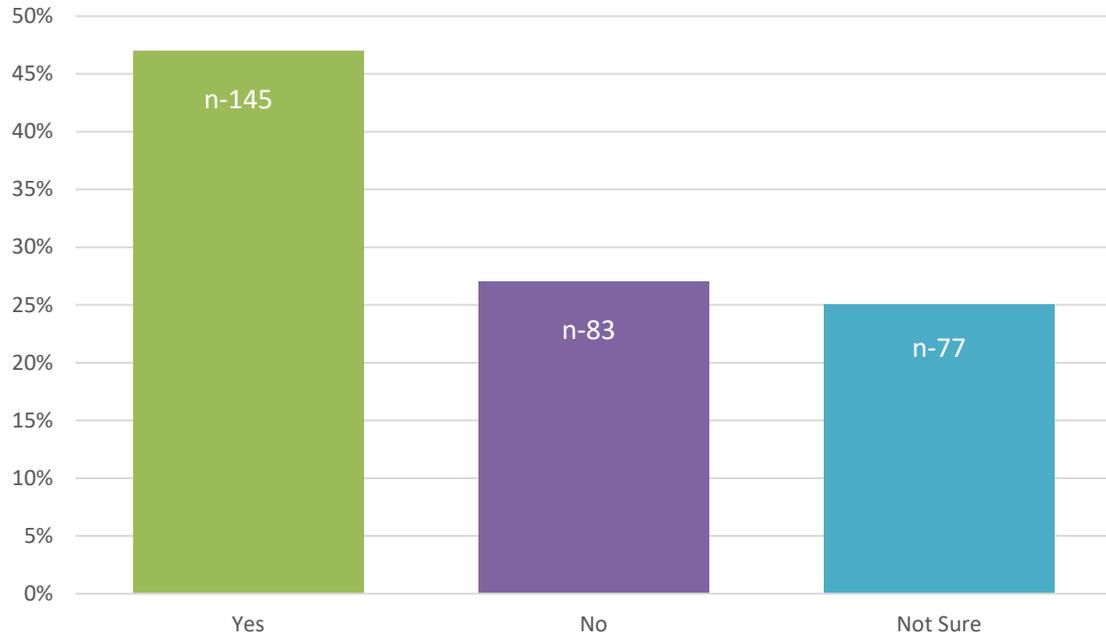
### 3. Is information about services and resources to support aging in place easy to find?

Answered: 302 Skipped: 28



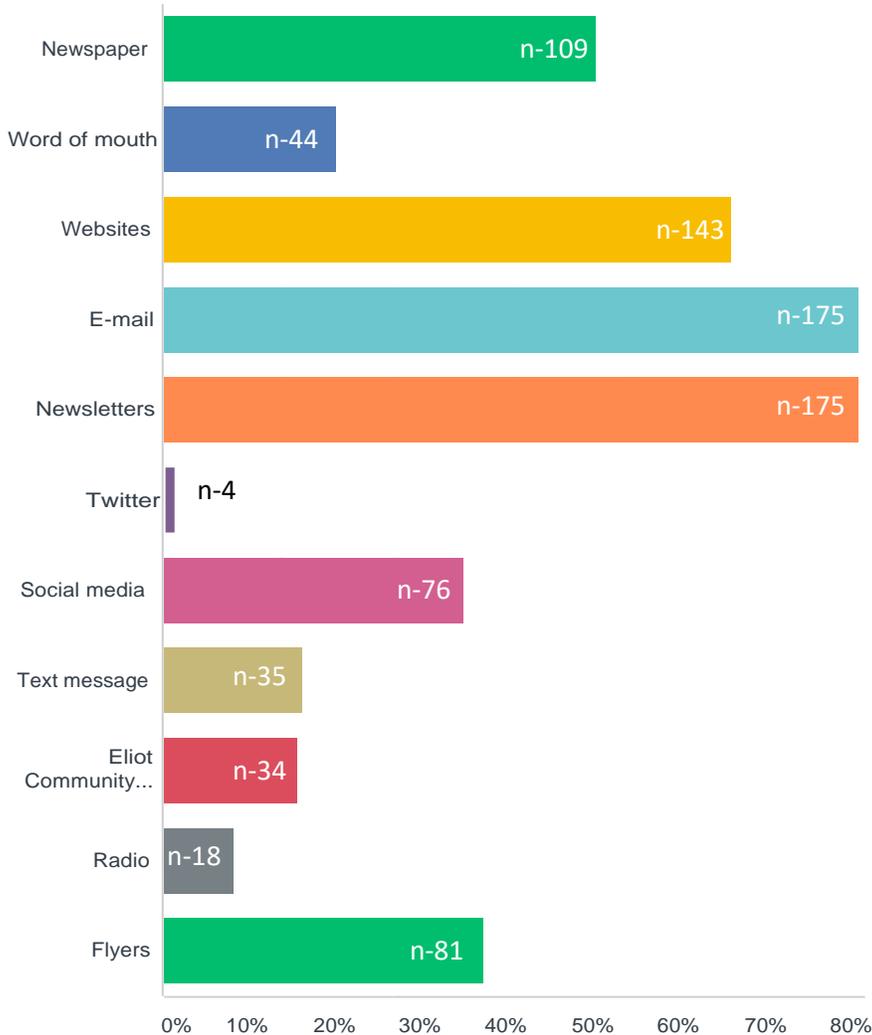
#### 4. Is information about community events and local activities easy to find?

Answered: 305 Skipped: 25



## 5. How would you like to receive information about community services, news and events?

Answered: 295 Skipped: 35



### Please list your top three choices from the above: Answered: 267

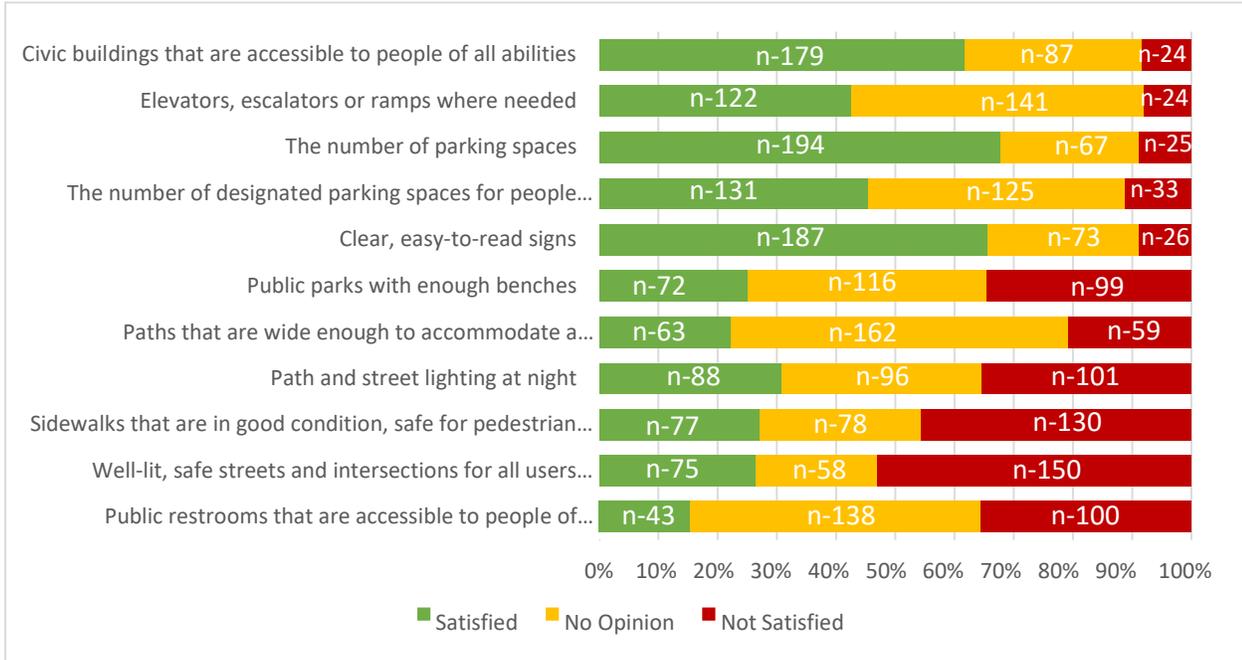
Top Choice: 1-Email (n=68)    2-Website (n=31)    3-newspaper (n=23)    4-Social Media (n=12)

Second Choice: 1-Website (n=44)    2-Email (n=37)    3-Social Media (n=24)    4- Flyers (n=22)

Third Choice: 1-Social Media (n=28)    2-Website (n=26)    3/4-Newspaper (n=24)    3/4-Flyers (n=24)

## 6. Please rate the following when thinking about civic buildings and parks in Eliot:

Answered: 295 Skipped: 35



### 50 participants made comments, categorized as follows:

- Themes: Walkability
  - 6 Need bike paths
  - 17 Additional sidewalks (including beyond the center of town)
  - 6 Need more benches (Frost Tufts and Dead Duck)
  - 1 Playground improvements at Frost Tufts
  - 9 Need wider shoulders to walk and bike safely
  - 5 need green space/trails
  - 4 Excessive speed of motor vehicles
  - 6 Poor street lighting
- Infrastructure:
  - 4 Need more public restrooms
  - 1 Need more designated parking
  - 3 Need a community center
  - 1 Better signage (street signs)
  - 1 Public transportation
- Communication:
  - 3 Better communication about what is available
- Oppose change:
  - 5 Opposes expansion of sidewalks/lighting (cost and/or will hurt rural character of town)
  - 1 Need a break on taxes
- 17 No opinion/Unaware

### Sample quotes

*Feel that all public parks should have restrooms near where activities go on, with grab handles for older persons who are not steady on their feet.*

*Since I am not in a situation requiring all the above, I am not sure whether the accommodations are there for those with disabilities. I believe in lieu of raised sidewalks that there should be a solid line with the appropriate width for a path.*

*I'm not a frequent user of parks and recreation facilities except for the Boat Landing. I was sorry to see all the evergreens they removed there this year. The new restroom facility appears excellent tho I have not used it yet.*

## Age-Friendly Eliot

*I live on 103 in south Eliot and I would like to see sidewalks or bike path, there are a lot of residents who walk in this neighborhood and people drive so fast makes it unsafe.*

*These questions mostly do not apply if one lives anywhere but the center of this rural town. ie the only public restrooms are in the library and town hall both with limited hours. there is really no reason for a resident to come to the center except to conduct quick business. The library doesn't even host a book club.*

*If my family, which includes a senior, middle-aged parents, and two young children (often in a wagon or stroller) wants to go for a walk in Eliot, we would need adequate sidewalks on Beech Road and around the Cumberland Farms intersection. This would give us a chance to walk for exercise and walk to and from our daughter's daycare on Beech Road. The senior is also our child care so she would love to walk with the grandkids!*

*The speeding vehicles on state rd is frightening. Our speed limit between Depot Rd and the Rait Farm is 35 mph but morning and evening work traffic goes 50+ by our house. We would love a sign that shows motorists how fast they are going. We have to roll down our windows to listen for cars coming up the hill because they are so fast that if we dont hear them we can't see them coming due to the hills and curves in the road. we have escaped being not hit a number of times.*

*Need more designated parking spaces @ library. Need ramp at front of library*

*The current Y shaped intersections in town (like the one on Old Rd/ForeRd/River Rd are confusing. Bicyclists do not obey the stop signs and I have seen many near misses with cars and bicycles running the stop sign. Need flushable public restrooms in the town center - not portable toilets Need more sidewalks. Especially on State Rd from the cemetery into town*

*Disappointed that there is not an automatic door opener at post office. I have to wait at the door for someone to open it for me.*

*I notice (every morning as I arrive to work) elder members walking the only stretch of sidewalks we have in Eliot (often back and forth, several times a day). I am so proud to see them keeping themselves fit and active, but often think how wonderful it would be to have more sidewalks for everyone to walk/bike on from our town line in Kittery and all along State Road. Walking about in our community brings all ages of people outside and seeing one another. As a mother of three children, one aspect of living in Eliot that I missed (we used to live in Newburyport, MA) from the time my children were babies until now (my teens are always off on their bikes with little or no bike lane on our roads) are sidewalks and bike lanes on our roads. I feel this addition would add so much value to our community for young and old alike.*

*The parks in Eliot are geared for youth and families. I don't see ramps or many benches for elders or walking paths.*

*Need a light at Bolt Hill and Rt 236 6 am to 6 pm. Need to remove obstructing tree and widen radius of entrance to State road coming out of Bolt Hill. Town needs to share the burden of astronomical sewer fee's. Many of those impacted are older native residents of South Eliot, Cole Brown Estates and Baran Place. The pollution of Spinney Creek was not the fault of the homeowners but the town giving out permits where houses never should have been built. The EPA didn't threaten homeowners with fines. It held the town responsible for designing a system destined to fail. Unfortunately serious upgrades are needed. Finally I can't understand why the list of TIF choices on the recent ballot included trenching for water and three phase power to the commercial district without dropping in a sewer line. The middle school's Septic system has already failed once and its only a matter of time the EPA knocks on Eliot's door again regarding runoff into Sturgeon Creek.*

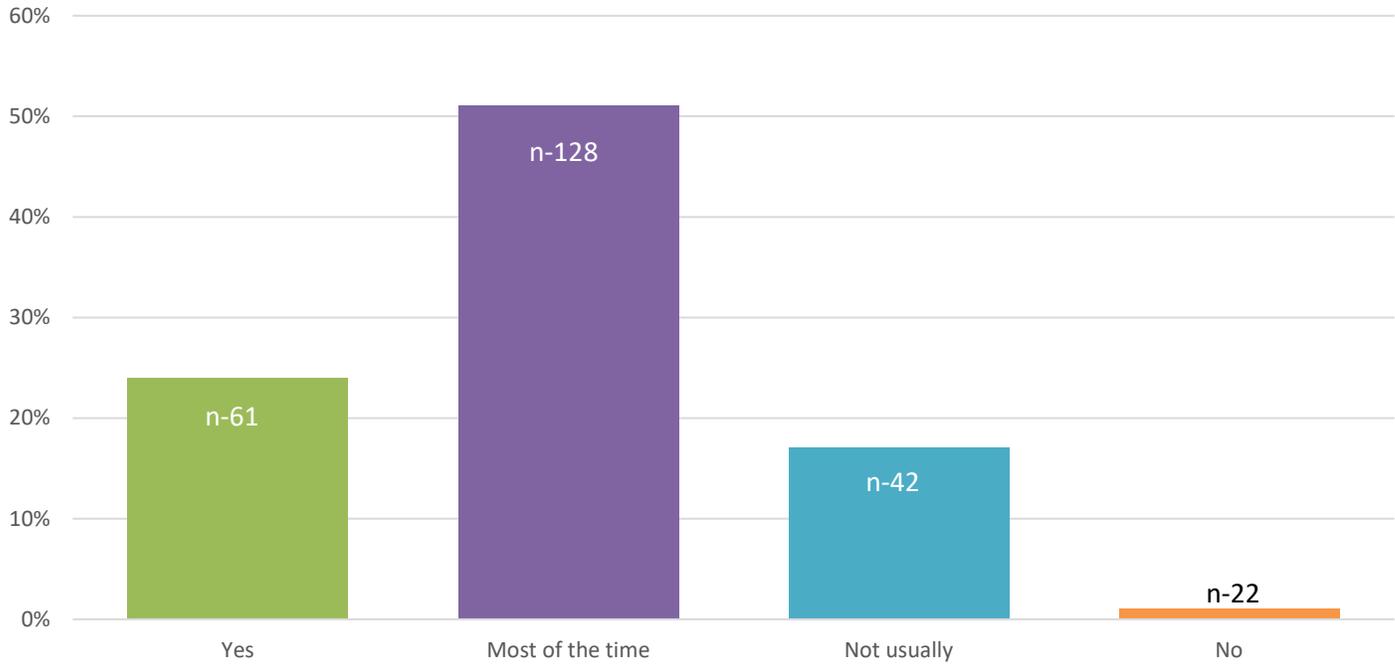
*Expanding the community service department to include a building and a space for a senior center would be great. There is not much in the way of accessible gathering space for older people. The town is more geared to kids.*

*Sadly, Eliot is not a walkable town. Curvy roads with overgrown bushes along the sides of the road mean that it's dangerous to take a stroll. My wish is that either the town or property owners take responsibility for overgrowth that impedes walking. (I guess that's not an aging issue per se, but as one starts to want to drive less, walking ... either for exercise or enjoyment or to get somewhere ... becomes more important.*

*We are rural. We only have one big park at dead duck and small park down town. Would like to know where the ideas are before questions asked. Sure sidewalks good but where?*

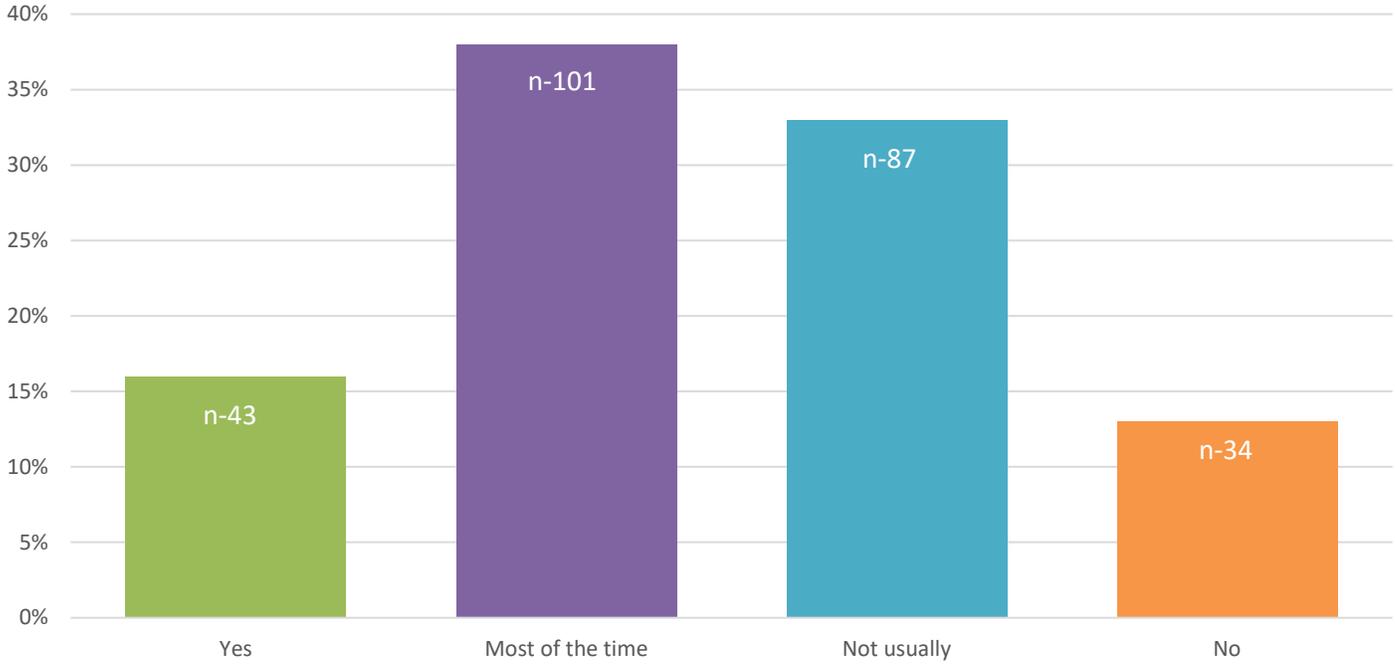
## 7. Do you feel valued as an older resident of Eliot?

Answered: 252 Skipped: 78



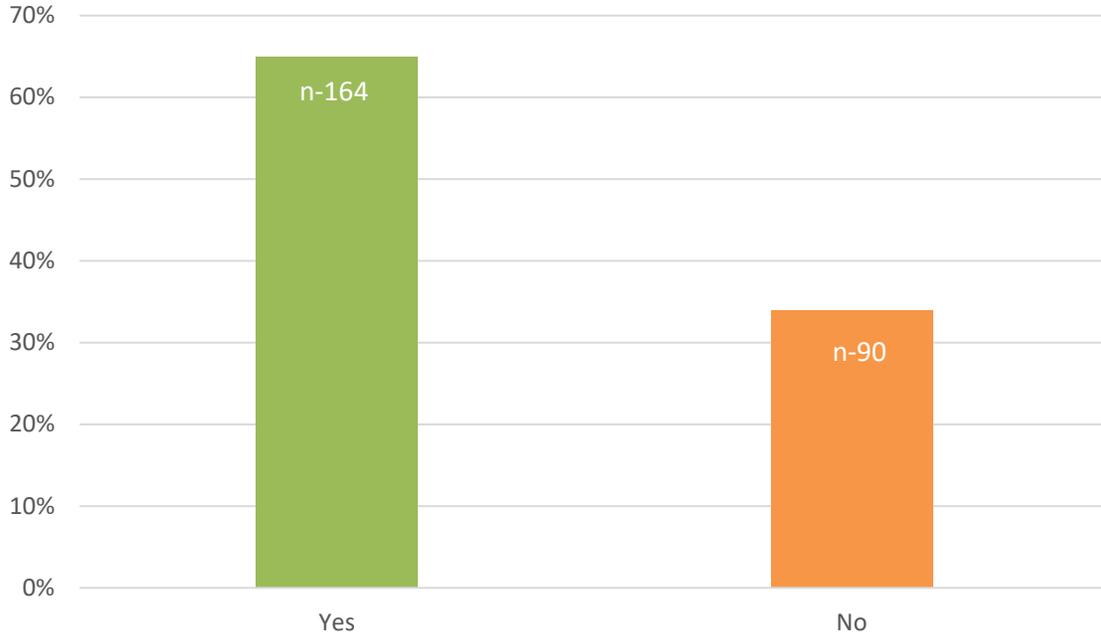
### 8. Do you think there is general awareness of the contribution of older residents in Eliot

Answered: 264 Skipped: 66



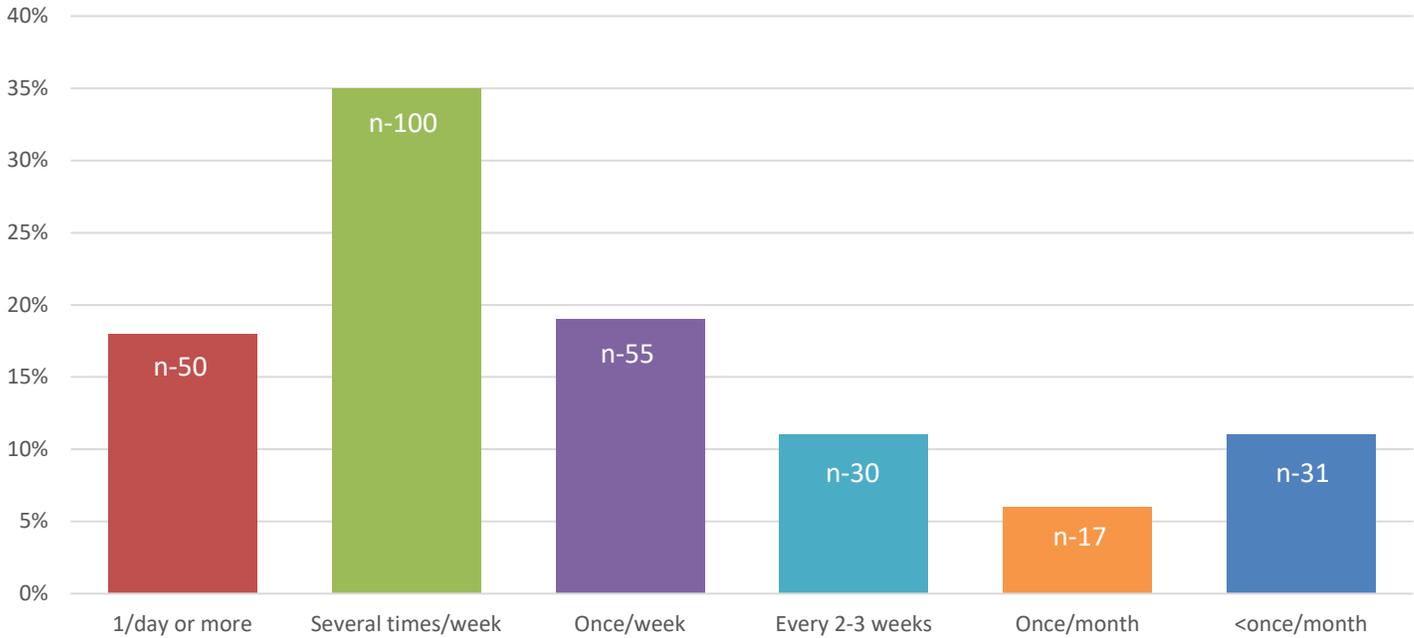
### 9. Do you think that the town of Eliot wants to encourage older residents to remain in Eliot as they age?

Answered: 254 Skipped: 76



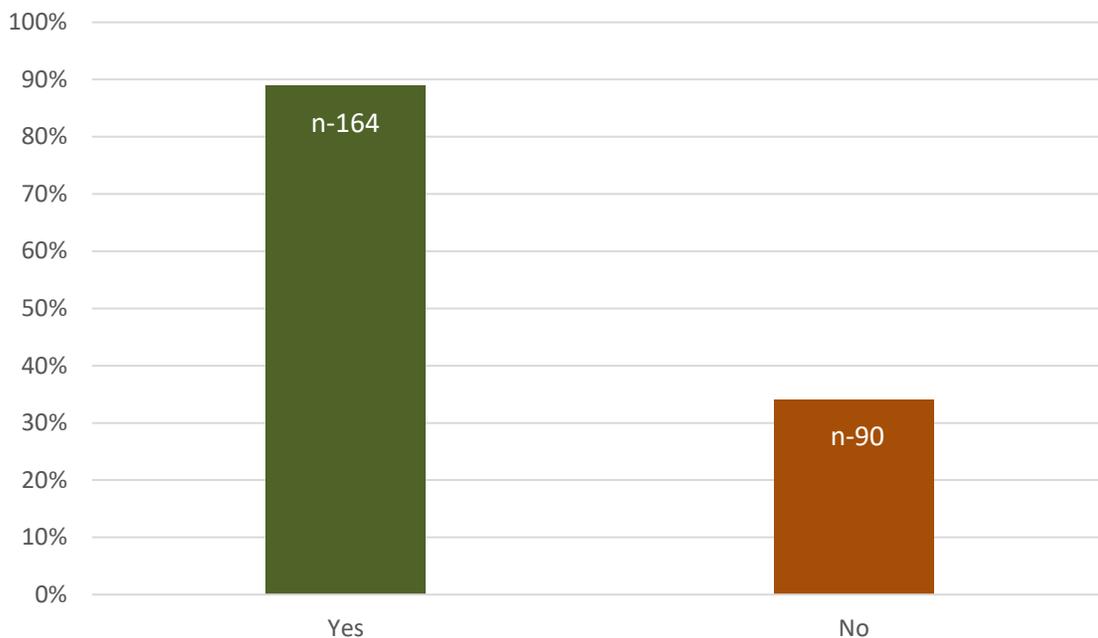
### 10. About how often do you spend time with family, friends, or neighbors in the Eliot area?

Answered: 283 Skipped: 47



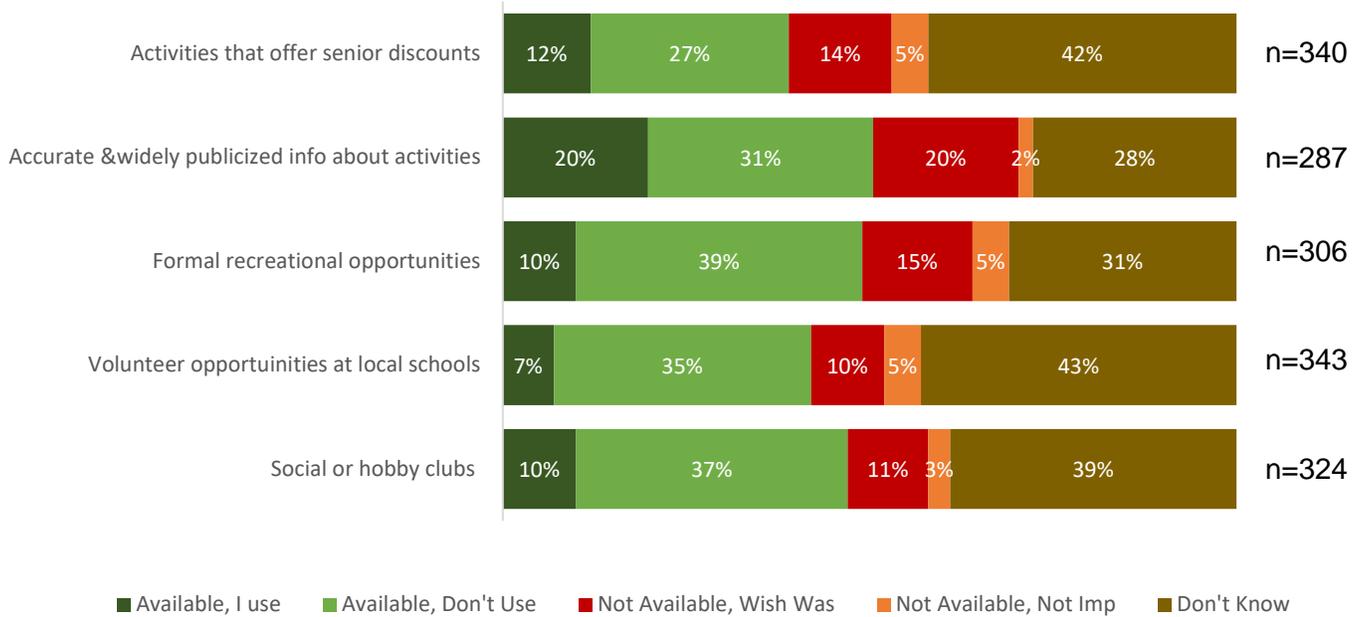
### 10a. Would you ask a neighbor for help if you needed it?

Answered: 282 Skipped: 48



# 11. Which of the following are available/do you use or attend in Eliot?

Answered: 270 Skipped: 60



**27 Participants made Comment, with the following topics:**

- 1 Have my own activities
- 1 I enjoy the activities offered in town
- 6 Too busy (includes being a caregiver)
- 4 Activity times are not convenient/don't interest me
- 14 Not aware of activities
- 3 Not interested, do not want to be involved
- 4 Not much for seniors
- 1 Volunteer

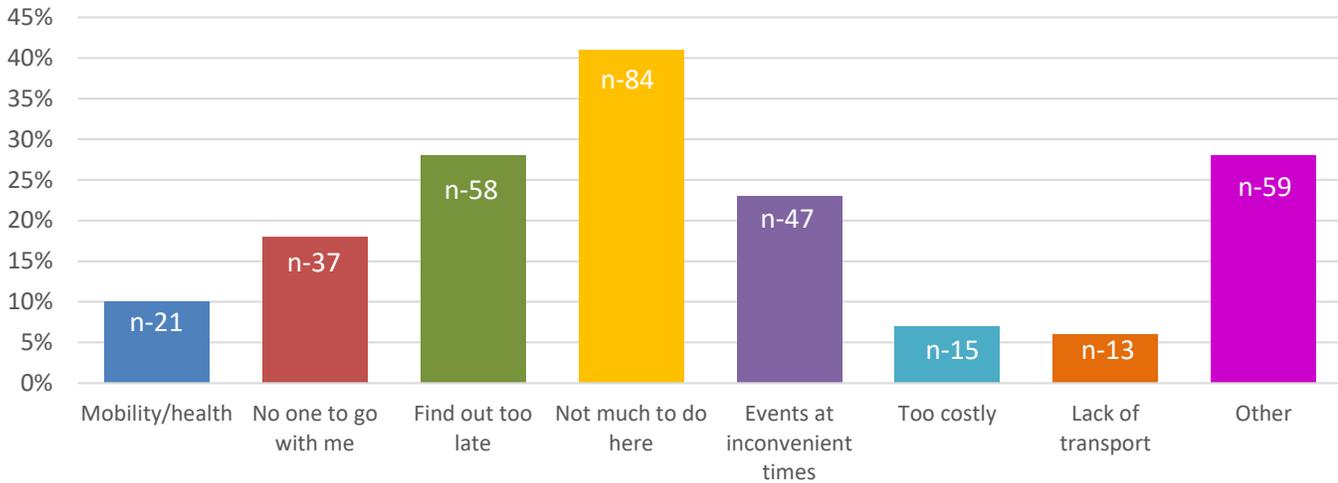
**Sample quotes:**

*Like many retired persons I enjoy being useful and am on several committees, volunteering for Table of Plenty, Senior lunches, End 68 hrs and the like*

*not sure. I have not made an effort to inquire. At 71 I am new to retirement and enjoying more time for my immediate neighbors but haven't reached out beyond that.*

## 12. If you would like to socialize more, what prevents you (check all that apply)?

Answered: 207 Skipped: 123



### 59 Participants made Comments, with the following topics:

- 9 Working full/part- time
- 4 Caregiver (partner/parents and/or children)
- 3 Need community/senior center
- 2 Don't like to drive at night
- 14 No information about local opportunities (volunteer and/or activities)
- 8 Too busy doing things in other areas (e.g. travel, other communities)
- 3 Prefer not to socialize
- 5 Inconvenient times/activities not of interest
- 2 Not old enough
- 13 NA

### Sample quotes:

*my wife is busy with many projects and volunteering opportunities so not really worried about socializing*

*Still very mobile and active locally and in surrounding area*

*I'm a homebody - when I want to go out, I am always able to find an appropriate activity*

*There is no outreach by the town whatsoever. you even have to go to NH to find a place to volunteer*

*lack of transportation would like to go to church on Sundays*

*recently retired and always feel that I am 'from away' (was summer resident for 23 yrs)*

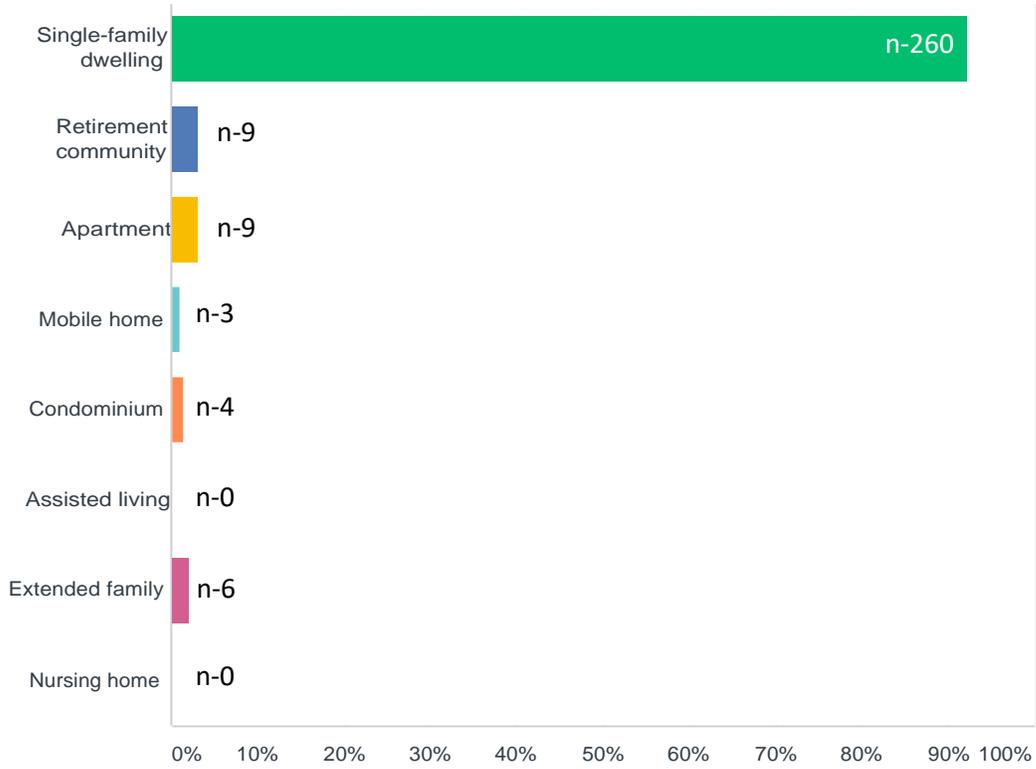
*Events I have gone to there have been groups of people who seem to have no interest in mingling with newcomers*

*I think it would be advantageous if I received email or snail mail information about activities, etc.*

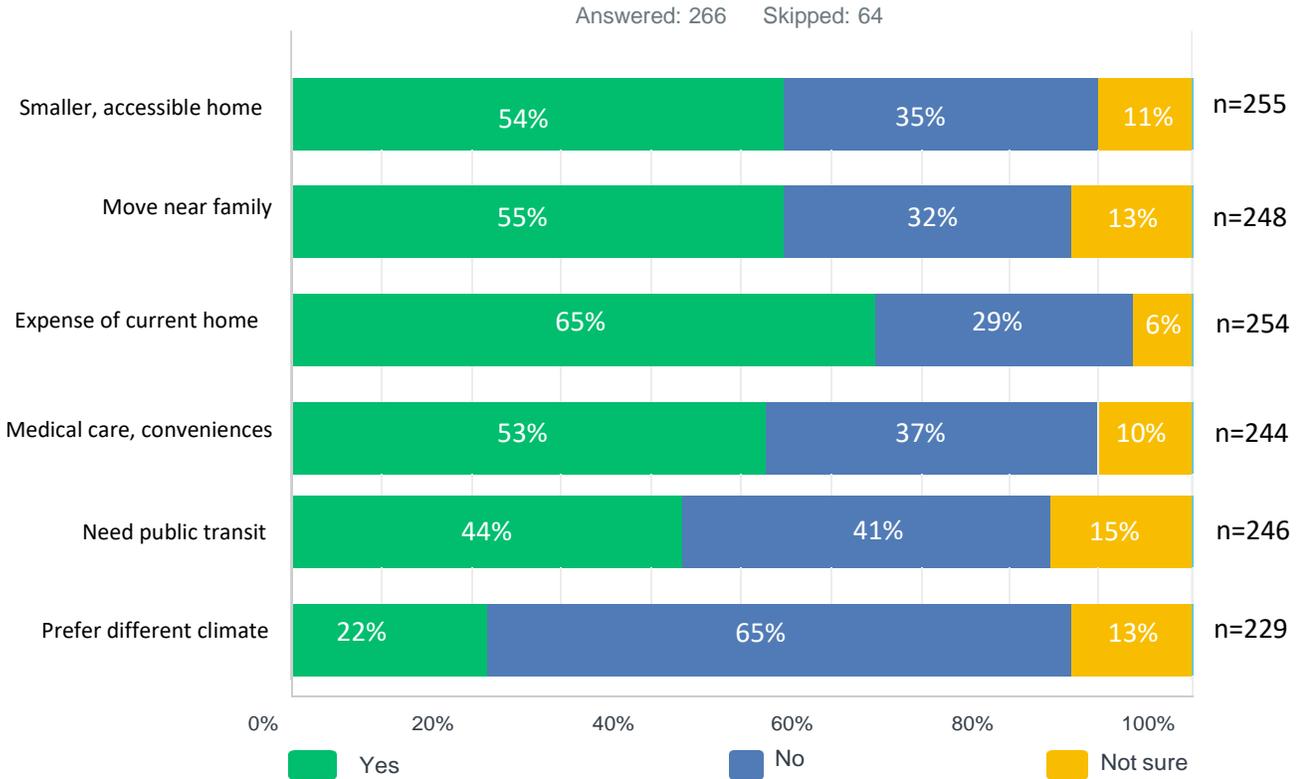
*Moved to a rural area and Eliot has the character of a rural area.*

### 13. What kind of housing do you currently occupy (check all that apply)?

Answered: 282 Skipped: 48



## 14. If you were to move during the next few years, would the following factors impact your decision to move?



### 35 Participants made Comments, which included the following topics:

- 12 taxes (or cost of living in Eliot)
- 5 maintain my home
- 9 move to a more convenient (or friendly) city
- 2 don't plan to move
- 4 health issues
- 2 better home/more pastureland

### Sample comments:

*would perhaps move if the US became politically repressive/authoritarian and increasing racist/xenophobic*

*my neighborhood has subpar water and has for the last 10 years*

*communities that care for lawn and snow removal for you*

*In the Past 10 plus years friends have had to sell their homes because of taxes.*

*Eliot needs a grocery store! Driving to Hannafords or Market basket is to far for someone my age.*

*Neighbors dislike transplants (us)*

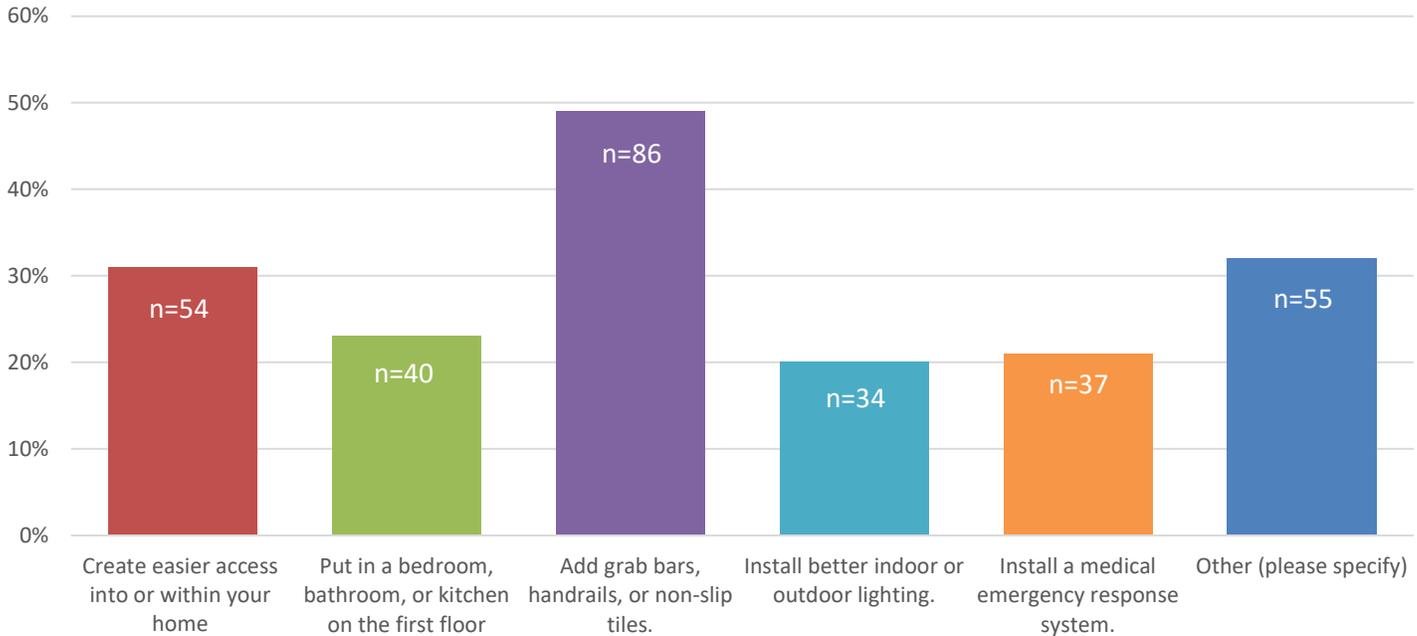
*Would like to see Townhome style condos with attached garages so could have downsized home without having to live in an apartment.*

*An environment where outdoor activities are a priority -sidewalks -pool -bike paths because staying active is my #1 priority. (and you meet likeminded people and stay healthy!)*

*We should have doctor's office in town and public transportation to market basket and Mall and Kittery Portsmouth Dover and all 3 hospitals*

# 15. People sometimes make modifications to their home to allow them to stay there as they age. Do you plan to make any of the changes below to enable you to stay in your home?

Answered: 174 Skipped: 156

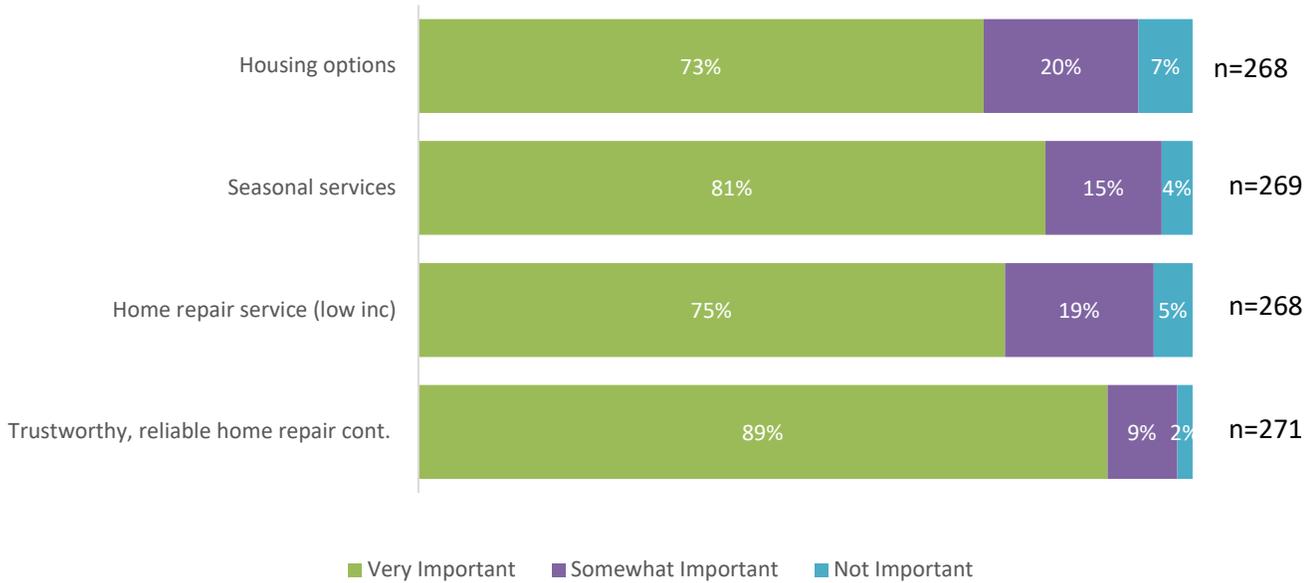


## 55 Participants made Comments, which included the following topics:

- 2 move items to first floor (washer up from basement, bed down)
- 2 need public water, help with snow shoveling, etc.
- 6 make home more accessible (e.g. stair lift, elevator)
- 3 home repair/additions (e.g. accessible entry, add generator, in-law apt.)
- 24 none planned (including too expensive to make changes)
- 14 have started/completed making changes

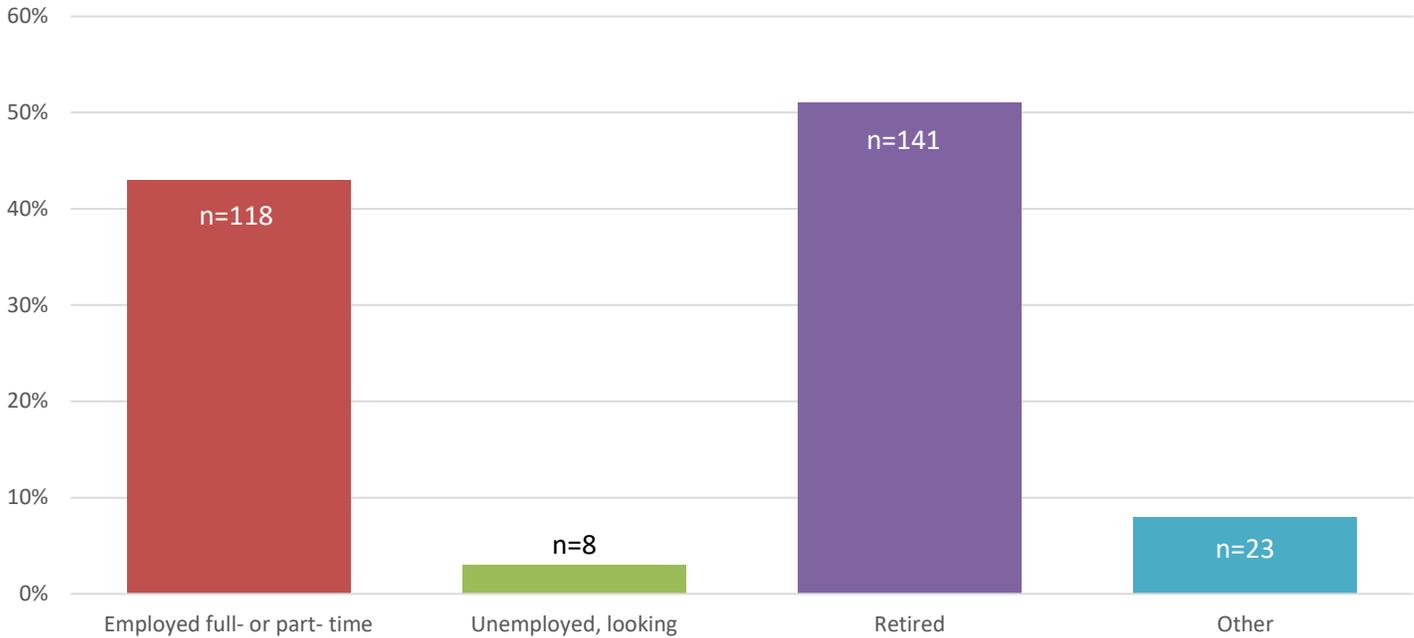
### 16. Please rate how important you think each of the following is to have in Eliot:

Answered: 276 Skipped: 54



## 17. What is your employment status (check all that apply)?

Answered: 277 Skipped: 53

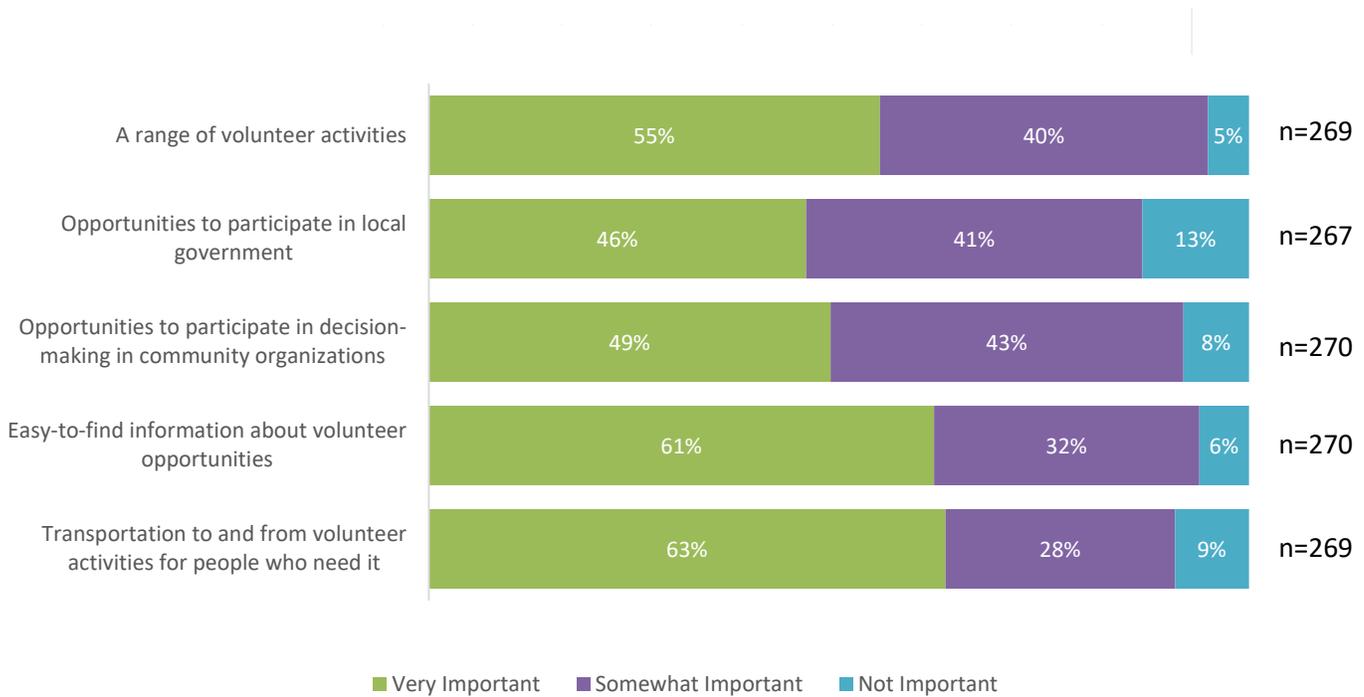


**Other answers included:**

- 2 willing to work part-time when I learn what I am allowed to earn without penalty
- 4 stay at home mom/homemaker
- 4 retired but still working (part-time, to make ends meet)
- 1 dissatisfied worker (e.g. unreliable schedule)
- 6 self-employed (including farmer, managing real estate investments) 6 disabled
- 1 caregiver
- 1 politician

## 18. For each of the items below, please indicate how important you think it is to have in Eliot.

Answered: 275 Skipped: 55



### Comments:

*transportation to voting if needed*

*transportation is at the top of the list*

*Many people can't or shouldn't drive anymore. Sad to see American Legion fading away., Lions, etc. aged out or died. Younger families with kids have to work and need to have a less hectic schedule--lack of "grandparents, etc." to help*

*Physical, social, brain activities for seniors*

*As far as transportation, I think most volunteers are willing to pick up other volunteers*

*Have various boards and committees have occasional day time meetings*

*No longer able to drive*

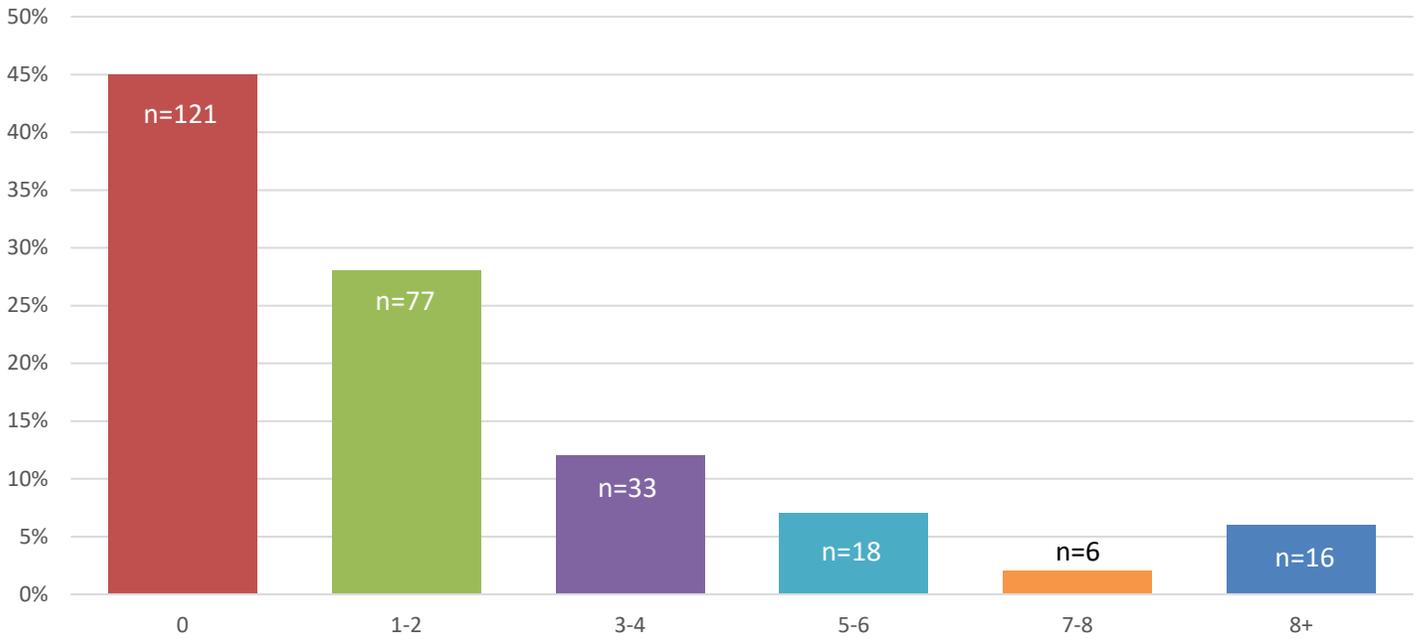
*Transportation to medical facility requiring a ride home*

*We need to make sure opportunities to participate in local government are accessible to ALL residents of Eliot and that all feel welcome and encouraged to participate. Sometimes I have not felt this is the case.*

*You may address this later in the survey, but transportation for medical appointments is ideal "volunteer" activity to connect seniors who can still drive and those who cannot.*

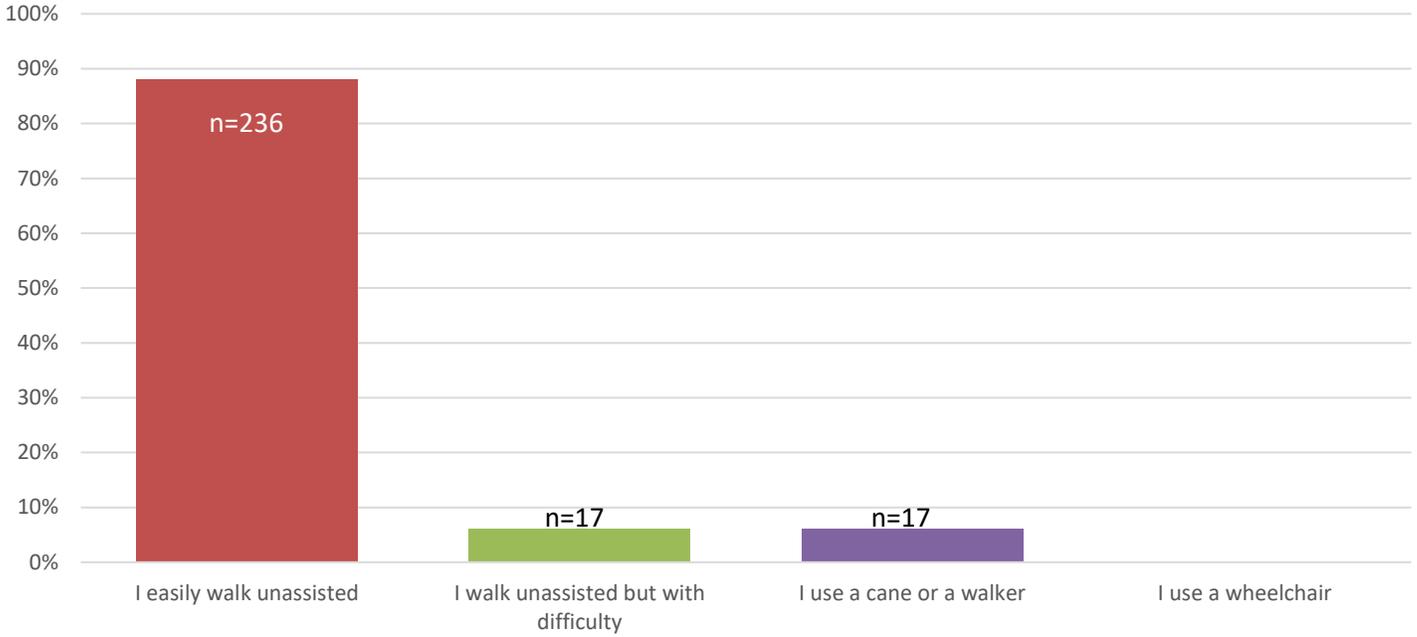
### 19. On average, how many hours each week do you spend in formal and informal volunteer activities (rounded to the nearest hour)?

Answered: 271 Skipped: 59



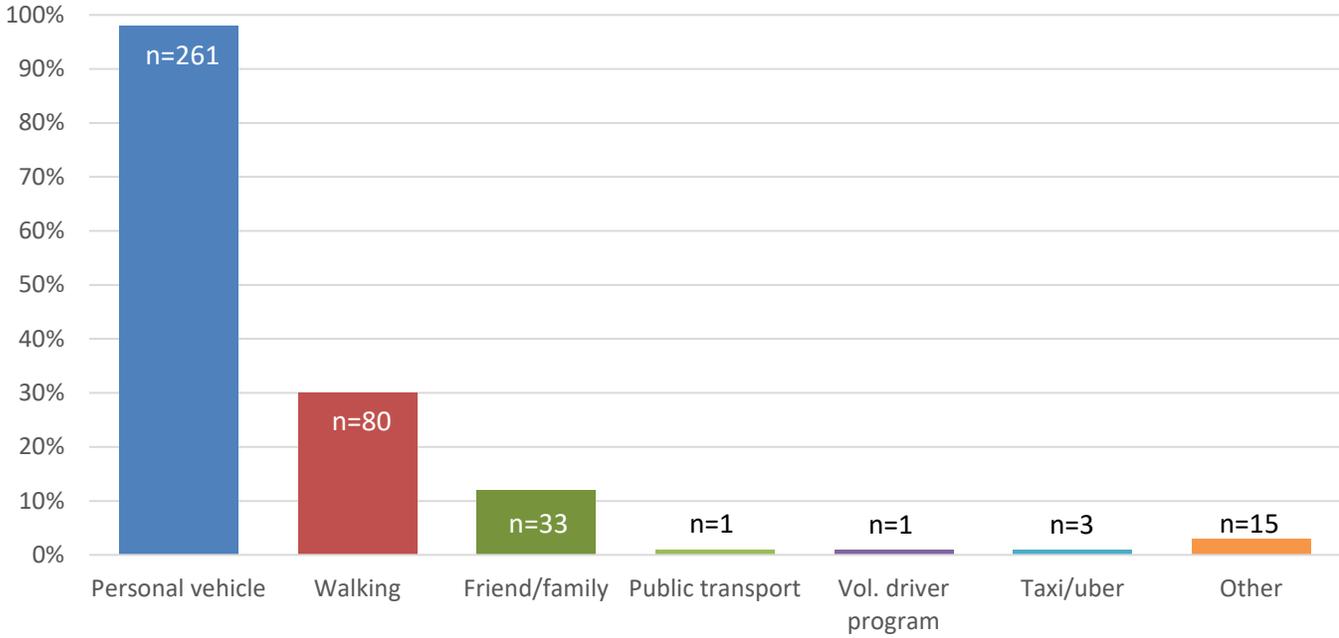
## 20. Please describe your level of mobility (your ability to walk and get around):

Answered: 269 Skipped: 61



## 21. Please tell us how you usually travel in the area (check all that apply):

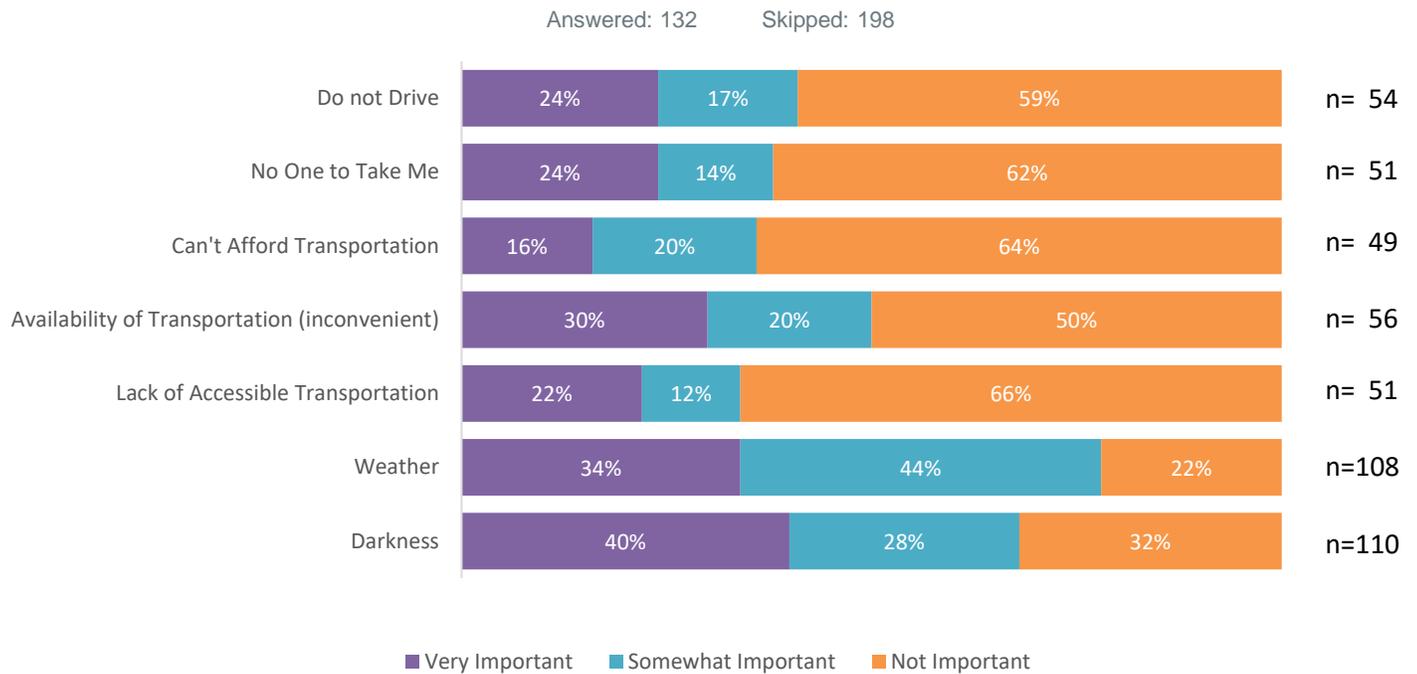
Answered: 267 Skipped: 63



**Other answers included:**

- 12 bike/scooter
- 1 visual disability that restricts driving
- 3 would use public transport if available

22. Please rate how important the following factors are to your ability to travel in Eliot. Only rate those factors that are relevant to your situation.



**13 Participants made Comments, which included the following topics:**

- 7 responses indicated “not relevant”
- 1 indicated need for public transportation
- 2 indicated current need for transportation
- 5 recognized possibility of future need
- 1 was willing to help with transportation

**Sample comments**

*I currently can get around fine. But with the aging process this will become more difficult and the above will apply to my situation which makes it all very important.*

*I do not drive for safety reasons (Parkinson's) although I am licensed. I do not have my own car anymore (gave it to my daughter) so I am reliant on my partner to take me to appointments and whatever activities I want to go to.*

*We need transportation for people to go to their appointments, post office, banks, drug stores etc. bus service 2 or 3 times a week.*

*I can go from Pease-Boston for \$26.00 round trip. to get to Pease it costs me \$25.00 for a cab*

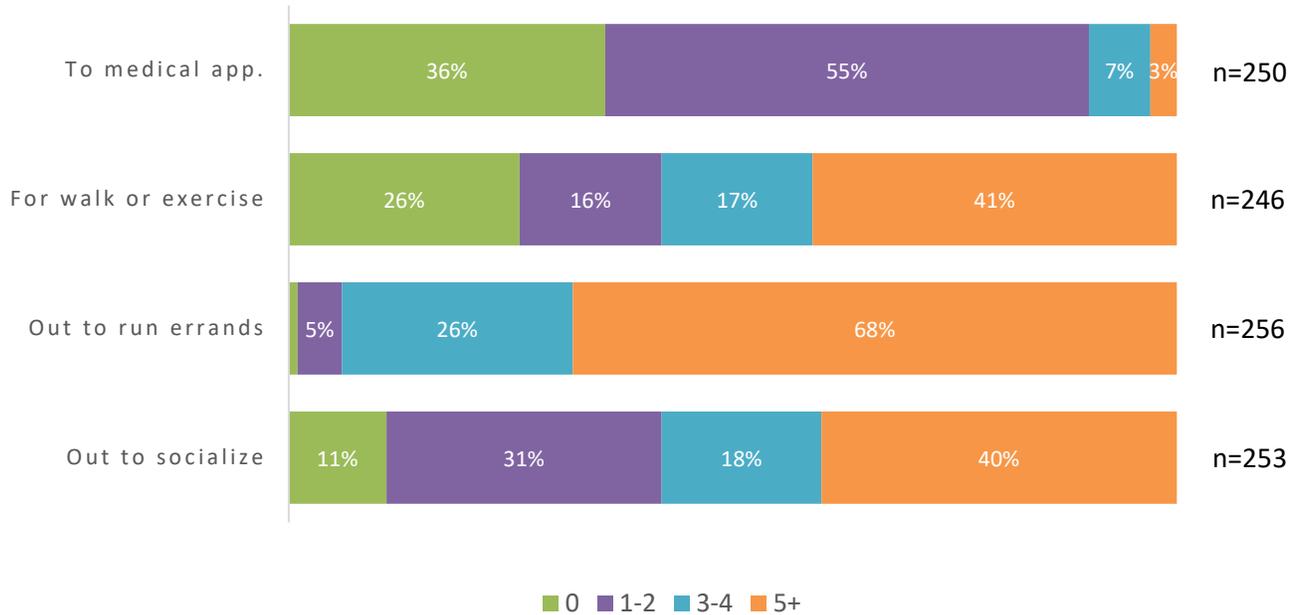
*Still foot loose and fancy free but I know that will change in time*

*call if you need a medical or voting ride*

*Onset of cataracts limiting distant driving at night.*

## 23. How many times per month do you go:

Answered: 261 Skipped: 69



**10 Participants made comments which, generally, shared what they do. For example,**

*I usually have 3 yearly checkups & dentist every 4 months*

*birthdays, grandchildren, games*

*goal to walk/exercise 5 or more times per month*

*I take my mother to her appointments she is in a wheelchair*

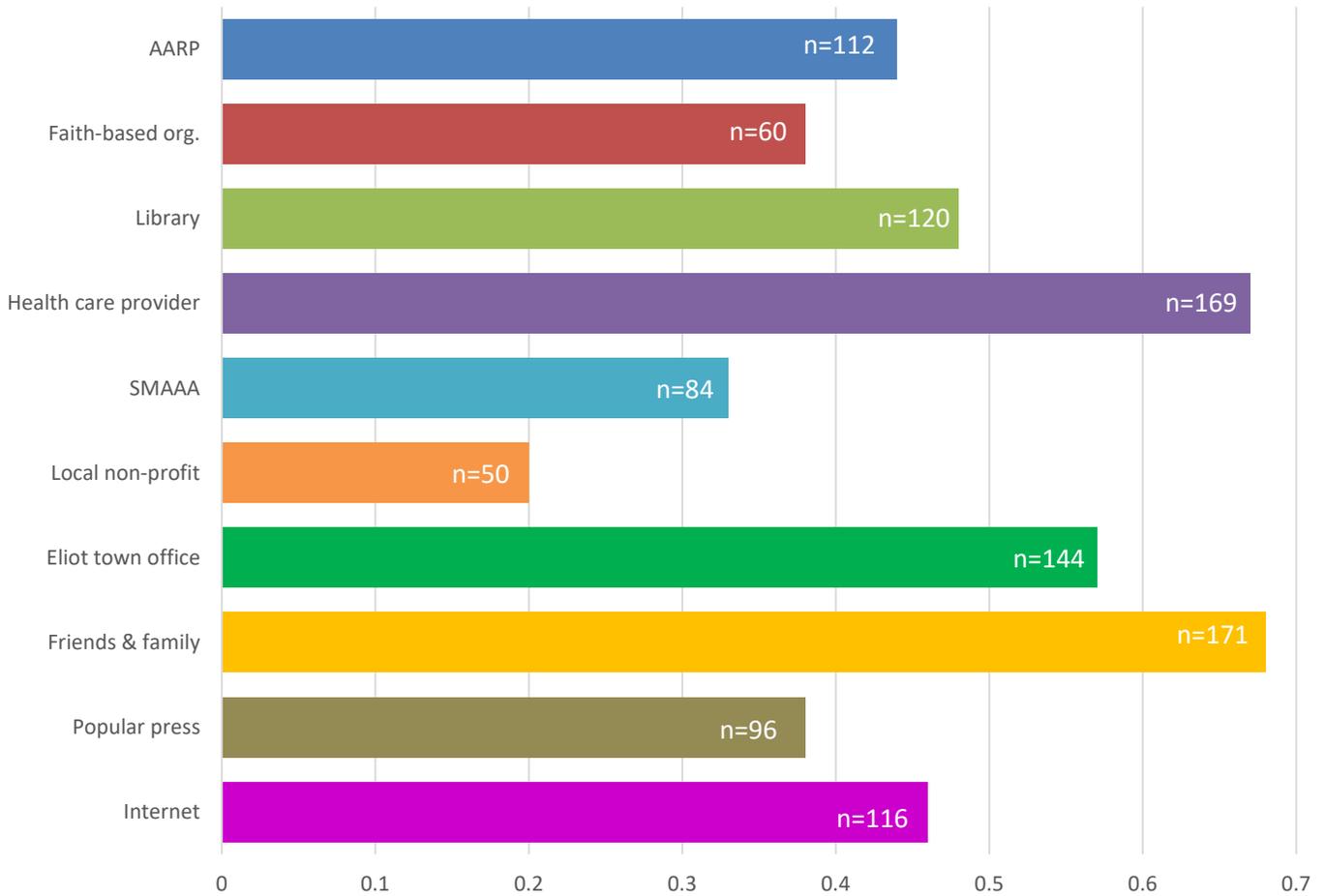
*Library*

*I do flower gardens around house, mow, stack wood, cut brush.*

*Vet volunteer work, VFW, American Legion, Police Aux. work when asked.*

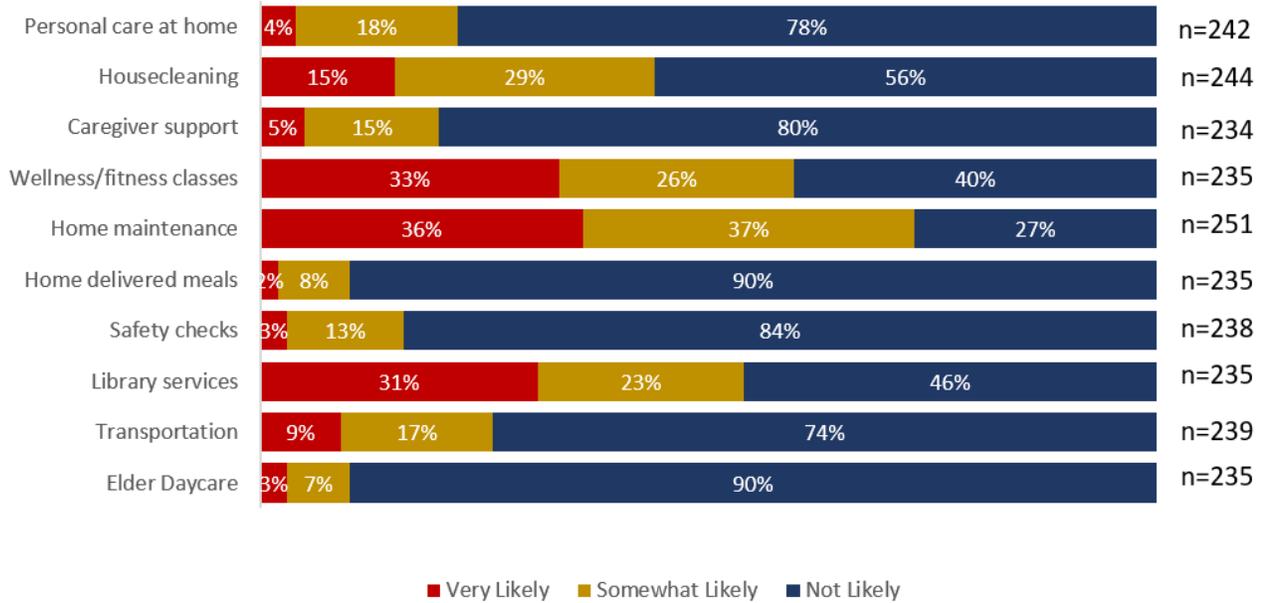
## 24. Place a check beside the resources you would use if you or a friend or family member needed information about a service?

Answered: 252 Skipped: 78



## 25. How likely do you think it is that you will need the following services in the next five years?

Answered: 256 Skipped: 74





## Age-Friendly Eliot

*I would say more safe sidewalks and maybe speed bumps like on state road near center of town. lots of speeders. Possibly more street lights*

*Rural Character more sidewalks village area with bank, post office cafe, senior center all walkable*

*Keep it simple - we are not a Portsmouth. Keep costs down for the elderly.*

*I live with my parents, one of which is retired but still works another job. Their complaints about Eliot mostly revolve around water, infrastructure and climate. Though climate is beyond the town's control. They plan to move if these issues aren't addressed and I'll likely move for college transfer reasons soon, but for the most part, Eliot is fine for people of most ages.*

*more affordable housing options for people on limited incomes.*

*I have lived in Eliot for 30 years. My children were grown, and I worked full time. I have always loved the location.... convenient to York, Portsmouth, Dover without the hassle of traffic congestion (except in high summer!). When I first moved here Eliot was considered a hidden gem....and it still is in my opinion. There has been growth, but it still retains its small-town culture.*

*Eliot is a great small town but there does not appear to be any opportunities for the person in their active elder years (70-80) to contribute unless they are political. There are virtually no services for the old old (80 plus) that I am aware of.- a few bus trips that are poorly promoted to really boring places do not do the job. I hope to age in place, but it could be a sad lonely process in Eliot.*

*One idea I recently read about is a program in Scotland, where elderly people in are being given home cooked meals by strangers to tackle food poverty and social isolation. Members of the community cook additional portions daily and deliver them to an elderly member of the community. Wow! More here: <https://stv.tv/news/east-central/1431027-home-cooked-meals-used-to-tackle-isolation-amongst-elderly/> I see your meetings are during the day on Thursday around lunch time. I understand these hours are best for the aging community in Eliot but fear it prevents younger working members of the community from being involved. I would like to be involved but I work prevents me from attending mid-day meetings on Thursdays... Would it be possible to hold brainstorming/resource/sourcing meetings in the evening and broadcast them on the town channel for all to do, as you do with the day meetings? This would be in addition to your day time meetings and hopefully would increase community participation. Do you have a list of volunteers or a way to sign up? I looked for ways to help on the town page, Community Service/Senior and AIP Committee page but could not find anything regarding volunteer opportunities... How do we connect with elderly in our community who need help? Erica Kinney 2028 State Road ebk4winds@gmail.com*

*Living in Eliot is great because of the people. I think most care and are friendly. Need more and safer sidewalks and better lighting for people to see and be safe. I think the dark and lack of sidewalks keep people in after dark.*

*Close to the Seacoast and Portsmouth but still rural. Really need more parks and shoulders for riding bikes*

*Close proximity to so many other places.... ocean, cities, mountains, restaurants, theaters, gardens as well as being a lovely community in itself.*

*I stopped reading at number 23; wanted to stop earlier but kept thinking it was almost done. Near the end of what I finished, I lost interest in making a sincere response and just picked something. This survey is WAY to long and detailed. A good survey would be about a third of this (or less) and be less detailed.*

*Sidewalks would be amazing! Also bike trails that are paved. Schools are great, roads are great (except our bumpy, private, dirt road), both farm and beach areas.*

*Small town atmosphere is great & being close to tax free New Hampshire for most shopping. Access to more information as to Eliot happenings.*

*Better public transportation, lower taxes, lower sewer bills, better flow of information on town business. Senior citizens group not being so unfriendly to first time attendees.*

*Excellent Library. our own beach/ boat launch, friendly police*

*I have lifetime health care which will take care of many of my needs as time goes on.*

## Age-Friendly Eliot

*I truly believe that some town officers and some town committee official members could care 0 about the senior citizens in this town. At our last "town" sponsored turkey luncheon- the Rotary club was there! and good job but where was one official from the town?? It was noticed by all!! Has any town official ever dropped by to one of our meetings??*

*Safe, friendly, beautiful. Need better places for walking-well-lit with sidewalks Need public transport*

*Affordable housing is key. I am on a wait list for Kittery housing was removed from 3 wait lists as told wait time was over 5 years.*

*Eliot is a lovely town; however it is not elderly friendly re: transportation for food etc. shopping*

*More social activities, Senior exercise groups, more public lighting around*

*Great schools and many activities for children. I've had great neighbors. would need to increase taxes to make this a better town and no one wants to pay more. More rural towns than ours have town water. Since we Eliot is in southern Maine it is assumed that we are all rich, reflected in the cost of elderly housing (Too high!) All elderly should have a person to contact who lives in town in order to assist with the mundane (changing a battery) to more pressing (water leak) setup a neighbors helping neighbors districts*

*Grocery store!! Hannafords and Market basket long drive. Everyone is very friendly in Eliot. I love living here. Thank you.*

*Says to go to Town of Eliot website, but I didn't see one listed. I don't have a computer anymore, and as a widower, working part time, at a minimum wage pay the mortgage, I'm in no position to invest in something that has changed so much, I will not know how to operate the thing now.*

*lowering tax bills and sewer bills more services for old people not using computers lowering the size of town government making supervisor positions more working less paper work encourage town employees participation in local fire department better supervision and maintenance of town parks*

*what is best about living in Eliot - the people. Lower the events tax burden, by attracting businesses to rt 236.add a sewer line setup a senior self-help network. Setup website with community events activities resources volunteer opportunities improve Eliot festival day increase vendors. Elect public officials who don't have personal agendas. Elect public officials who don't back stab others.*

*I am really quite satisfied with the way things are.*

*I think a major grocery store and also a hardware store can be used. Make Rt.236 4 lanes with room for turn offs. its unsafe due to excess NH workers traveling from the shipyard and NH to avoid the slow Spaulding highway. With the shipyard hiring more workers, traffic will only be worse.*

*A large space for community services with a classroom or larger.*

*Most people are friendly and willing to help. Need for more areas to walk safely. Senior Center would be nice. Better street lighting. Some sort of public transportation for those without vehicles.*

*I am retired but working for YOGA in ME, we have a vibrant community of seniors, veterans. we are always looking for ways to bring yoga to Eliot. I envy the Kittery Community Center and Wallingsfords sq. area. I wish we had quaint shops, coffee, lunch, etc. places to do business, social life.*

*Quiet Town; Close to everything, Been here for 30 years in all.*

*I just turned 78 and am totally mobile. I really have no idea what could happen in the next 5 years. The family that lives nearby may move and or I may become ill.*

*As a walker and bike rider that hopes to walk for many more years, the sidewalks in Eliot (or lack of) are terrible.*

*I like the small-town atmosphere. Seniors need transportation, places to gather, a community center, and social activities. Engaging with others and not being isolated is important.*

*Quality tax base on 236 to finance any services in town. Sewer and other utility improvements are needed as well as safety measures.*

## Age-Friendly Eliot

*I hope not to be a low-income resident and as such would like to see Townhouse style housing that in most townhome communities, owners own their unit's interior and exterior, including the roof, lawn and driveway, but not the communal areas but have shared service providers to provide upkeep. This would allow for independent living in a communal setting which would make it attractive for me to stay in Eliot. I grew up in an apartment and don't care to live in that type structure again.*

*More involvement from the under 50 age group in volunteer activities. We seniors have shouldered the burden for many years.*

*Lower taxes. Community programs. Knowing more about what is available. Otherwise, I love Eliot.*

*It's a small, friendly town within a 15-minute drive to most amenities one needs. More sidewalks on our streets, and nicer walking paths and gardens within the town parks would be ideal. Also, a small grocery store for those who cannot/should not drive long distances.*

*Love the quiet, open spaces. Wish there was a grocery store and a selection of restaurants.*

*A centralized center that brings together all generations AND has van transportation would be amazing. Like a Rec center*

*The library is a great place to visit with people and get information on services they have extensive information available on state and county services. I vote in every election and the town clerk's office in the past has not been ready with equipment and knowledge of use for visually impaired voters. They also need to publicize that they have equipment to assist voters with visual and hearing issues.*

*The best parts of Eliot is the cleanliness and beauty of the town, it's convenient location to the highway and other towns, boat access at Eliot Basin and the playground, improvements to the playground and adding a garden or aesthetic sitting area would be a great addition to the towns recreational facilities.*

*I love the small town feel of Eliot. We need a grocery store. Eliot is a beautiful place to live.*

*I think real estate taxes should be dropped significantly for seniors.*

*Consider having a volunteer group that visits elderly and/or their caregivers regularly. I am blessed to have close neighbors, but this can be very isolating and lonely, leading to depression for some.*

*Taxes are already high enough. Who's going to pay for these services? I can't afford more taxes*

*So far, I love Eliot - we're over 50 but have only been here a few months. We feel the most urgently important things we would like to see here for easier aging are a grocery store, a fitness facility and parks with great walking trails. There are lots of other things that are nice but if we have to drive 10 plus miles to these places, this is a big problem.*

*Community center such as Kittery, or combine with Kittery*

*Need public transportation to Kittery and Portsmouth if I were to stay in Eliot once I lose ability to drive.*

*Public transportation is lacking in this area.*

*We have traffic problems on H.L. Dow Highway- it is getting harder for older people to go out in that road as our driving skills slow down with age. stores and places to do business in other areas would be very helpful. if we have to go in H.L. Dow Highway for appointments and such, it would be much safer if the speed would be lowered.*

*We need a senior center. some place to gather, to talk, have games, read newspapers, with coffee and water available. most towns around us have nice centers. So. Berwick, York, wells, Portsmouth, NH. Even if it could be in a church. Having said that, how do you do the seniors that don't drive get there? car pool is one option. We need to reach out and not forget that senior who lives alone, or other seniors that don't drive.*

*Eliot is a nice place to live if you are independent and drive. the town website does not have a lot of information for the retired. Please remember that many residents do not have computers or smart phones so there needs to be an alternative. the last Eliot booklet by the Lions club was received in 1995. I would like to see more over 55 areas of affordable housing available with a club house, yard care, etc. an aging adult needs a way to get food, medicine, medical care, socialization and home care.*

*Transportation is the greatest problem. Kittery, York provides safe and sound rides to and from appts. and lab work.*

## Age-Friendly Eliot

*The specialists that I see often are located at PRH- requires family transportation. If not available I cancel the appt. and go later.*

*My top concerns about staying in Eliot as I age is access to transportation when I no longer drive (#1), the expense of remaining in Maine, increasing costs of home maintenance and repair.*

*I love Eliot because it's the same 365 days a year in terms of number of people. I did not like living in York because the population swells so much in the summer months.*

*Sidewalks ... walking/biking trails*

*This is a very strange questionnaire. It seems somehow "too far above" ordinary people and not shaped to Eliot. Questions ought to relate more clearly to Eliot. But I could be wrong. There are so many different specific situations.*

*Public transportation! late 1800's early 1900's there was a trolley that went from Kittery/Eliot to Old Orchard and back and down to Newburyport, MA. Boston/ME R&R run two train to Boston/Portland/stop's in Portsmouth, Dover etc.! A mono rail could be built from Portsmouth to Kittery, Eliot, South Berwick, Dover, NH, Newington, NH and to Portsmouth.*

*I love living in Eliot because its quiet and rural. I wish it had a town center though and sidewalks for walking on. Concentrating on not being hit by traffic and not walking in poison ivy is tricky. Pre-K and grandparent-age-groups are a wonderful use.*

*Having many options for different levels of needs would be ideal. Like the idea of a non-profit (local) cleaning house for elder services resource.*

*Regular bus schedule to Portsmouth*

*Quiet, great Library, low crime rate.*

*You should help those in their late 60's, 70's & 80's to be more computer friendly. A community center such as South Berwick helps the elderly. Make volunteer opportunities more available to elderly*

*Using "the neighborhoods" or "village" model of aging in our home is of interest to us. I have not joined or done much research into the York Neighborhood Network, but it's of interest.*

*I worry most about getting around when I'm older. If I can't drive, I don't think I could stay in Eliot.*

*I like the small-town feel. We have done a good job controlling growth over the past 30 years. I live in a rural area and enjoy that, but I recognize that there will come a time when the need to drive everywhere for everything will become a liability and I will need help with transportation.*

*The library and town hall staff are great!!*

*More public parks and accessible trails/green spaces, more community activities, more widespread awareness of ways to get involved in the town, maybe public access to Spinney Creek for recreation? (and clean water!)*

*More property and school tax credits for veterans and older home owners.*

*I appreciate that it is close to where I work and close to Portsmouth. The best improvement you could possibly make is to PLEASE STOP RAISING MY TAXES.*

*Everything is great about living in Eliot. My concern is taxes going up*

*I would love to see a recreational facility with swimming pool in this town, but that is not very likely, is it?*

*Kittery Comm Ctr is great...can't Eliot partner with them?*

*More sidewalks! Public transportation*

*Housing lower rates more sidewalks thing to do activities*

*I am in my 60's but have my 90-year-old mother in law living with us. She is the one who needs care and services.*

*pave 236*

## Age-Friendly Eliot

*Eliot is close to shopping & services but it's necessary to have transportation. It lacks public transport that does not require an appointment & sidewalks*

*More sidewalks, beech rd.*

*I'm sorry that I can't provide better feedback. We have only been in Eliot for four months. We love it here so far and hope this is where we will live for the rest of our lives.*

*A Redbox kiosk would be nice in one of our convenience stores.*

*Ruralness but with easy access to beaches, shopping, Portsmouth, Boston*

*Eliot is great because it is inexpensive but close to conveniences and downtown Portsmouth. Transportation to Portsmouth and the malls would be a huge service for the elderly of Eliot.*

*I love Eliot ... It's the perfect balance of small town and easy access to the cities around us. Making the town more walkable would increase my desire to stay here as I age. It would also be nice to have a few "community" places downtown, such as a cafe or casual restaurant. Similar to South Berwick.*

*Thank you for all you are doing to help our community and relieve the burden of aging- Your friends at Off Our Rockers*

*Keep our town affordable-keep property taxes low. Cap property tax for seniors.*

*Very pretty; easily accessible to other towns No downtown; lacks community feel; no street lights or sidewalks on major roads making it hazardous and a disincentive to walking and enjoying the natural beauty*

*Great survey. #25 needs a 'hope' before the 'Not Likely'. We may be in great shape today, but 5 years can bring great changes!*

*Public trans, small house neighborhood for young and old. I like Atlantic heights in ports for model. Little houses around community center might be nice. Not big condo building. Small houses that people care about. Could be town owned low income*

*Kyle Lewis at the Community Services Dept. does an excellent job of putting together trips and programs for the Eliot seniors. The Seniors of Eliot get no...zip...zero support from the selectman. They used to get a nominal \$1500 but haven't received that for several years. All of our activities are self-supported through fees charged for those events. Many seniors have had to pick and choose which trips or actives they can afford to attend. Some have stopped going all together. The van purchased by the ECSD is also hard for many of our oldest and less mobile seniors to access. Which also limits participation. The van has a very high step, so Kyle has purchased a portable step to aid seniors getting in and out of the van, but it is still difficult for some. Many seniors are unsteady on their feet and some have had knee or hip replacements so accessing the van the step makes it unsafe. The old school bus was better because it had internal steps and railings for them to hang onto. There is no wheelchair access for the van. It may be fine for the kid's activities but not for seniors. Kittery has two-wheel chair accessible buses that are very easy for seniors to use.*

*Enjoy the rural, country setting and the space. There may come a time we feel we cannot manage here and need to accept it and make life changes while we can do it on our terms. The next chapter in our lives. Having good options is what is important.*

*More low rent housing for the elderly not the high price ones by the PO*

*Taxes too damn high. Seniors should not have to pay school portion of property taxes. Car excise tax should be abolished or set at a rate, so everyone pays the same.*

*Dedicated town staff and residents who serve on boards and committees.*

## Please tell us where you completed this survey.

Answered: 277 Skipped: 53

