



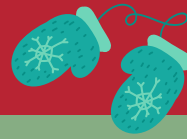
Eliot Aging In Place
Committee

ELIOT AGING IN PLACE NEWS & INFORMATION

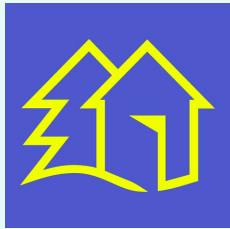
November 2021



WINTER PREPARATION



HEATING ASSISTANCE



Stay warm in your home this winter - as a homeowner or renter - with assistance from the State of Maine's Home Energy Assistance Program (HEAP). HEAP is a program that can help pay part of your annual home heating costs. Your benefit amount is based on several factors, including your household size, income, and home energy costs. You must apply for HEAP and call for an appointment.

Eliot residents can contact the York County Community Action Corp in Sanford. Call as soon as you can as appointments fill up fast:

Phone: (207) 324-5762 Toll Free: (800) 965-5762

For more information online: mainehousing.org and select HEAP Fuel Assistance under Programs and Services.

NEIGHBOR TO NEIGHBOR - LOCAL FOOD SUPPORT

END 68 HOURS OF HUNGER

This program provides food for school children to carry them through the weekend. Contact Eliot resident Patricia Foster at 207-337-1204 or via email at Eliot@end68hoursofhunger.org

SEACOAST FRIDGE

An outdoor community refrigerator where you take what you need and leave what you can. Located around the side of the Kittery Community Center, 120 Rogers Street, Kittery



Seacoast Fridge

NEIGHBORS FOOD PANTRY

Eliot Baptist Church, 912 Dow Highway, Eliot
Open for donations and clients:
Thursdays, 9:30am-12:00pm, 5:30- 6:30pm
Deliveries to clients made on Thursdays
Call (207) 748-1248 for assistance or delivery

FOOTPRINTS FOOD PANTRY

37 Old Post Road, Kittery
Donations drop-off:
Tuesdays, 8:30-11:00am, 4:30-6:30pm
Wednesdays, 8:30am-12:30pm
Open to clients: Tuesdays, 5:30-6:30pm
Wednesdays, 9:30am-12:30pm
Visit footprintsfoodpantry.org

LASAGNA LOVE

Eliot resident, Footprints Food Pantry volunteer, and chef David Davidson spoke with AIP about Lasagna Love, a grassroots movement he wants to expand to Eliot to positively impact our community by connecting neighbors with neighbors through homemade meal delivery. For more information about how to request a lasagna for yourself or someone else and how to make and deliver lasagnas to neighbors, please visit [Lasagna Love](http://LasagnaLove.org) online at lasagnalove.org



WREATHS ACROSS AMERICA IN ELIOT

Mark your calendar for 10:15 am, Monday, Dec 13th!

Eliot Elementary students and the Eliot Fire Department will welcome the arrival of the annual convoy of "Wreaths Across America" to Eliot as it travels from Harrington, Maine to Arlington National Cemetery. The convoy carries holiday wreaths to place at military gravestones to remember, honor, and teach about the values of our nation and our veterans who made the ultimate sacrifice.

In 1992, Michael Worcester of Harrington, Maine, had a surplus of holiday wreaths. He remained moved from seeing Arlington National Cemetery as a boy. As a result, Wreaths Across America was born. His efforts were supported by Senator Olympia Snow. Today, some 700,000 memorial wreaths are laid at Arlington and hundreds of memorial sites across the country to honor, remember, and teach. Find complete information about Wreaths Across America, visit wreathsacrossamerica.org

LIVE UP TO THEIR LEGACY

REMEMBER HONOR TEACH

Join the community of Eliot Elementary School as we welcome

Wreaths

ACROSS AMERICA

Event Details

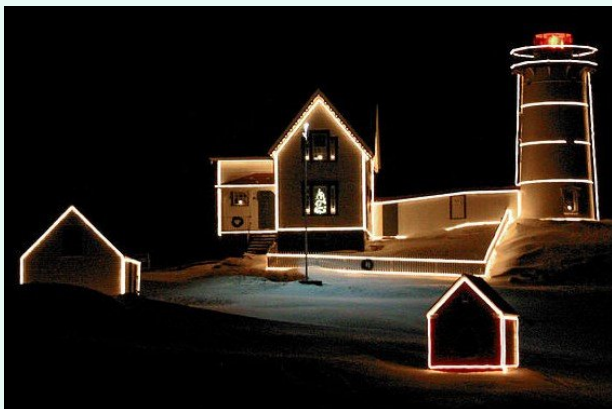
Where: Eliot Fire Department, masks required inside fire department
When: December 13th, Convoy Arrival at 10:15 (traffic dependent)
 Ceremony inside the Eliot Fire Department at 10:30 - 11:30 am
 Convoy Departure at 12:00

Convoy Route Coming Into Eliot: Rt. 1 Southbound through Kittery, exit onto 236 North, turn left onto Depot Road (across from MMS), turn left onto State Road, and arrive at the Eliot Fire Department.

Graciously brought to you by:

OTHER HOLIDAY DATES OF NOTE

Nubble Lighthouse Holiday Lights
 Cape Neddick, Sohler Park Road, York
 Dusk, Saturday Nov 27 to first week of January



Hanukkah
 Sunday, Nov 28 to
 Monday, Dec 6



Winter Solstice
 Tuesday, Dec 21



80th Anniversary
 Attack on Pearl Harbor
 Tuesday, Dec 7



Christmas
 Saturday, Dec 25



Kwanzaa
 Sunday, Dec 26 to
 Saturday, Jan 1



Aging In Place is a Town of Eliot committee, serving our community.

Web: eliotmaine.org/aging-place-committee
 Facebook: facebook.com/aipeliot
 Instagram: @aipeliotme
 Email: AIP@eliotme.org

