

## AGING IN PLACE COMMITTEE

February 14, 2019

Present: Ellen Ceppetelli, Ron Ceppetelli, Jan Cerebona, Gail Licciardello, Jean Paulantonio, Nancy Shapliegh, Helen Sullivan, Melissa Albert

Absent: Richard Donhauser

Public and/or Guests:

The Meeting was called to order at: 1:03pm

- I. Approval of minutes: Jean moved to approve the minutes of previous meeting. Ron seconded. With Ellen, Ron, Gail, Jean and Helen all in favor
- II. Updates: Gail attended the Falls prevention introductory meeting (Matter of Balance) with Anna Guest. Subsequently she observed 1 session of the workshop. She has indicated that she would like to be trained to lead the workshop. Her 2 day training has been scheduled for March 20 and 21. Typically these workshop last several weeks, and generally do not meet in the summer. So, Gail estimated that she would not initiate the workshop until the fall and is hoping that it could be held at Baron Place. Jean also indicated interest in being trained in the program.

Ellen indicated that she has applied for a Maine Community Foundation grant for \$2500, that was due on 1-15-19 to get funding to support 2 meetings to discuss the survey and develop an action plan with Eliot residents. The grant money would pay for the rental of a room as well as refreshments and to pay an employee to transport people to the meetings via the town van. The dates of the public meetings are April 10<sup>th</sup> and May 22<sup>nd</sup>. The first meeting is to ask people what they think of the survey, ie get their feedback, and the second is to develop an action plan. There was a discussion of how to get people to the meetings. It is planned that a letter will go out to Eliot residents announcing the meetings and requesting their participation. The letter was reviewed and discussed with suggestions made. It will be posted on the town web site, and will be mailed to every door in Eliot, via direct mailing. John Bushard, of Smart Source had suggested we add the Who, What Where When Why to the letter to attract attention of the reader. The cost of the mailing is \$523 and the printing is \$575 for a total of \$1098. of all ages, and not just the elderly to attend the meeting. It was decided that the flyer should be on yellow paper and will be sent out 3 weeks prior to the April meeting.

There was more discussion of how to fund the meetings if we did not receive the grant money, as the estimated cost of the Large Room at the Regatta with

refreshments was \$1396.00. The price of the smaller room was not known. We currently do not have enough money in our budget to cover the cost of the flyer and the meeting room costs. Ellen is to call Laura, of Maine Community Foundation to ask when we will know if we received the grant. If we don't get the grant money, we will need to find less costly meeting room and refreshments. Melissa will call the Regatta about using the smaller room, as it is anticipated that probably about 75 people will attend. She will also give Ellen contact information for the Waldorf school so Ellen can contact them about using space they may have.

Discussion of how to let people know about the 2 meetings: the following suggestions were made:

- Post on town web site
- send email out to everyone on the AIP mailing list and ask if they are willing to provide transportation for people who might need it
- Article in Sentinel
- Press releases to local papers
- Post flyers all over town
- Contact organizations that came to some of our earlier meetings

Hellen to contact Eliot Baptist Church, Jean to contact Congregational Church, Ellen to contact Sandy Burkett of Baron Place, Gail to contact Roland from the food pantry

It was also suggested that we attend as many town committee meetings as possible to inform them of AIP and our activities. Melissa will provide a list of committee chairs so that we can inform them of our work.

Ellen indicated that we may be eligible to apply to get a Lifelong Community Fellow to assist this committee in conducting our work.

There is also grant money available for hiring consultants to develop an action plan based upon the survey results. The deadline for applying for this grant is 4-1-19.

It was decided to have an additional meeting this month, February 28, 2019 at 1:00pm in order to finalize decisions on location of the April 10ht and May 22<sup>nd</sup> meetings so that we can begin publicizing those events.

Motion: Gail moved to adjourn the meeting. Ron seconded the motion. Ellen, Ron, Gail Jean and Helen all voted in favor.

The meeting was adjourned at 2:25 pm.

Respectfully submitted:

Gail Licciardello