



THE ELIOT GARDEN CLUB

November 14, 2019

PROGRAM: *Herbs In Your Garden, Herbs In Your Life*

SPEAKER: *Cris Blackstone*

Herbs are food for the soul. They add a colorful and varied landscape to any garden, they smell good, can be used in food and have medicinal properties. In this program you will learn about ancient herbal histories and folklore as well as the interesting information you can gather from knowing an herb's root name from other languages. You will also learn about the many benefits herbs can provide to your everyday life, from garden to kitchen.

Cris Blackstone is a N.H. Certified Landscape Professional, a Master Gardener and a University of NH Natural Resources Steward. Cris serves on the Sustainability Committee of Garden Writers of America and her town's Conservation Commission. Her property is registered as a Monarch Butterfly Habitat.

To find out more about the Eliot Garden Club; our many community projects, other wonderful programs we offer and how to become a Member, please join us on Thursday, November 14th at 12:45PM in the First Congregational Church of Eliot Meeting Hall, Eliot, ME. If you have any questions, please feel free to contact us at:

jblongstaff@comcast.net

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Polly Warner, President