

## THE ELIOT GARDEN CLUB

September 12, 2019

PROGRAM: "A Trip Around The World, Through A Comforting "Cuppa' Tea"

SPEAKER: Jan Ferland

Tea is the most popular beverage in the world, far surpassing coffee in most countries. Most Americans haven't learned how to brew tea properly to bring out its soft and soothing side. Jan Ferland, a Certified Tea Specialist, will talk to us about tea, as a plant as well as a beverage. We'll learn about the different types of tea, where it's grown, it's history and how drinking practices have evolved. We'll also learn how to brew each type properly. At the end of Jan's talk, we will get to enjoy a tasting of several properly brewed teas!

As a Certified Tea Specialist, Jan speaks on many topics related to tea, she is also a long-time member of garden clubs in New England and is currently an active member of the Seacoast Garden Club in Kennebunk, ME.

To find out more about the Eliot Garden Club; our many community projects, other wonderful programs we offer and how to become a Member, please join us on Thursday, September 12th at 12:45PM in the First Congregational Church of Eliot Meeting Hall, Eliot, ME. If you have any questions, please feel free to contact us at:

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Barbara Longstaff
Eliot Garden Club