



## Aging- In- Place Committee Town of Eliot, Maine

*Meeting Time: Thursday, September 19, 2018*

*TIME: 6:00 p.m. – 8:00 p.m. Baran Place, Community*

*Room- 150 Beech Rd. Eliot*

*The Committee will have a quorum for this presentation, no action will be taken during this meeting, informative only.*

### **How to Have a Good Death**

**Eliot, Maine — September 19, 2018** — Due to unanticipated construction delays, the Eliot Aging in Place Committee and Baran Place canceled its August 15<sup>th</sup> presentation, “How to Have a Good Death”. The rescheduled date is September 19, 2018 at 6 PM at Baran Place, located at 150 Beech Road, Eliot. Parking is available on-site and attendees should enter the door at the flag pole. All Eliot residents are invited to attend.

How one defines a good death differs for each of us, just as a good birth plan differs for each prospective parent. Whether one chooses to forgo intense medical interventions and focus on quality time or elects new therapies to the end of life, this discussion assists all to define what a good death looks like and create a plan to support that vision. When individuals leave these critical decisions to caregivers or loved ones, two consequences are likely. The caregivers and family are left with the emotional burden of decision-making and the dying person may not have his/her wishes followed. Please join presenters Cristina Hepburn and Chrissy Gemme, Beacon Hospice Community Liaisons, for this informative conversation

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#### *Committee Members*

*Ellen Ceppetelli  
Ronald Ceppetelli  
Janice Cerebona  
09/19/2018*

*Jean Paulantonio  
Gail Licciardello*

*Helen Sullivan  
Nancy Shapleigh*