

Aging in Place Committee

October 11, 2018

The Meeting was called to order at 1:03

Present: Ellen Ceppetelli, Ron Ceppetelli, Gail Licciardello, Jean Paulantonio, Helen Sullivan (arrived late) Richard Donhauser

Absent: Jan Cerebona, Nancy Shapleigh

Public Guest: Ernie Bruneau

Approval of Minutes: Ron moved to accept the minutes as written. Gail seconded the motion. Ron, Ellen, Gail and Jean approved. None opposed.

Up Date from Chair:

Ellen has participated in two webinars sponsored by AARP (the SWAT series). One was on the process of planning and the other was various types of housing options around the country and how important zoning and housing issues are connected in terms of developing livable communities. There are two more topics to be presented, in Nov and Dec, one of which is on transportation. Ellen will forward the information to any one who is interested.

Ellen thanked both Helen and Nancy for their work on getting the Aging in Place banner. She also thanked Tom Raite for donating his time to create the banner, and only charging for the materials use. She also thanked all the committee members for their efforts on Eliot Festival Day.

Ron, Gail and Ellen attended the senior luncheon at the Congregational Church and distributed approximately 20 surveys.

The committee will need to produce an update for the town report for March. Melissa will provide the committee with the due date for the submission of the report.

Melissa indicated that staff in the town office will assist in entering the paper surveys into survey monkey.

We will have a table at the Nov 6th election to encourage more residents to complete the survey, which is 2 days prior to our meeting.

Ellen indicated there are grants for improving safe walking opportunities. This led to discussion of needing benches in town, and specifically at the Douglas Memorial Woods. It was questioned how much a bench would cost. It was also suggested that benches at the Boat Basic might also be helpful

Gail indicated the trail is part of the Great Works Land Trust. Gail has their contact information and will provide that to Ellen, so she can contact them about cooperating with them to put a bench on the trail.

Feedback on Eliot Festival Day Booth:

Most people were interested in what the committee is doing. Some people took surveys and/or URL information to complete the survey at home. Ron noted that his impression from the festival day was that everyone was interested, if not for themselves then for their parents. Ellen indicated that once the survey is completed we can use focus groups to discuss where and how to proceed.

Ernie suggest that the Community Services Department produces a flyer 2x per year and that we could put information about the committees work in the flyer. Melissa will ask Heather Ray, who oversees producing the flyer, when the next issue will come out. It was noted that the library also produces a newsletter and we may want to put a notice in there.

There was a discussion regarding how many surveys have been completed so far. Ellen will contact Patricia Oh regarding how many surveys have been completed so far..

Door to Door Survey Oct 13 and 14

Richard indicated that he is member of the S. Berwick/Eliot Rotary and he will take surveys to their next meeting to have Eliot members complete. He also indicated that Dick Bow and Frank Dennett, are members of the Lyons Club which meets at the Methodist Church. He also indicated that he will approach them about the surveys and combining their 2 organizations to provide the benches as needed.

Ellen will read about grant applications for funds, which lead to a discussion about our relationship with AARP. Melissa will provide Richard with the notebook of information that committee members received. Richard also indicated that we could possibly use some TIF money for some of the issues we identify thru the survey. Specifically using some of the TIF money for transportation needs. Town is looking for members to join the TIF committee. Ellen suggested that someone from this committee to be on the TIF committee.

Specifics of conducting the door to door survey:

Ron will survey River Road

Gail will survey Houde Road and Heron Cove Road,

Jean will survey from the library down to Bolt Hill Road

Helen will survey Goodwin Road

Ellen and Ron will be at the transfer station for part of the day on Saturday to distribute the survey. (Melissa spoke with Dan Lee and Joel Moulton who gave approval for them to distribute surveys at the transfer station). Jean indicated she could be there in the afternoon. Committee members will have to speak with Charlie Bradstreet when they arrive at the transfer station for the exact location where they should set up.

Discussion of needing some type of identification when we are canvassing neighborhoods. It was decided that Melissa will ask town staff to produce name tags/badges for committee members to wear when conducting the surveys. Melissa will have them produced and leave them in outside box at town office for committee members to pick up.

Decided that more copies of the survey and letter describing the survey and on-line process for completing it. Committee members agreed to make more copies of both at the close of today's meeting

Public Comment:

Ernie suggested someone from our committee go to the historical society meeting, which meets the first Monday of the month. Carolyn Bogh is contact person. Ellen indicated she will ask Jan Cerabona to be our contact person there, as she already volunteers there.

Gail reported brief information about the senior expo that occurred in Kittery. There were home care agencies, disability rights organizations, emergency planning agency and other agencies.

Ellen indicated that Christina Hepburn would like to collaborate with us on providing a presentation on "Dealing with Loss over the Holidays." There was a discussion of whether to participate in topic. At this point it was decided we want to be involved in sponsoring presentations with Baron Place, but to pursue other topics. Gail indicated that she received information on Home Safety and Emergency Plans at the senior expo, and that the State of Maine/FEMA may be available for presentations. Gail will contact them to see if they can provide a Home Safety and Emergency Planning presentation to Eliot residents at Baron Center. Helen will contact Len Bogh from the Great Northern Builders about giving a presentation on home modifications to assist people as they age.

Helen reported that York hospital provides free transportation for medical appointments. Ron reported that York Hospital will be starting a gerontology department and have just hired a gerontologist.

Motion: Ron moved to adjourn the meeting. Gail seconded it. Jean, Helen, Ron, Ellen and Gail voted in favor. None opposed. Meeting adjourned at 2:10

Respectfully Submitted,

Gail Licciardello, Secretary