

**Eliot Agriculture & Food Security Commission  
Monday, April 1, 2024 at 4:30 pm  
Town Hall Meeting Room**

- 1. Call to order, assign note-taker**
- 2. Accept minutes from meeting on March 4, 2024**
- 3. Guest: Jeff Brubaker, Eliot Town Planner. Update on recent Comprehensive Plan meeting and discussion on what the EAFSC can add to the plan**
- 4. Update on Growing Mushrooms workshop and finalize plans for the event on April 13, 2024 at Sturgeon Creek Farm**
- 5. Update on possible collaboration with the William Fogg library on seed saving and helping to restock their seed library**
- 6. Other Items not contemplated at the time of this posting**
- 7. Adjournment**

The EAFSC has not accepted a remote policy at this time.

## Eliot Agriculture and Food Security Committee

Meeting location: Town Hall

Meeting Date: 3/4/2024

Called to order: 4:32 pm

Attendees: Leslie Stevens, Sarah Plocharczyk, Norman Owens, Jim Waters, Tim Johnson

No Public Present

Minutes were accepted from last meeting

We have an update on the clam beds in Eliot. Jim found out that the beds will remain closed until new virus testing measures are put in place. We will continue to update the status in our minutes.

Leslie met with Heather in the Eliot Community Recreation Department to discuss the upcoming "Community Market". As the focus of the market will be on arts/crafts/food rather than farmers produce the EAFSC will not be directly involved. As a committee we are willing to help in any way possible and we look forward to working together in the future.

Mast Cove Mushrooms who has an online presence and is a farm here in Eliot so Norm is going to reach out to see if they would like to be on our "Farm Map".

We discussed our upcoming "**Mushroom Workshop**". In the workshop Sarah will be teaching the **Basics of Mushroom Growing** in the barn at Sturgeon Creek Farm. This class will be held on April 13th at 2pm EST. In this workshop you will learn how to cultivate mushrooms from spores in a log!

We talked about an idea that was brought up last week. We thought about trying to find a way to use leftover vegetables from local farms to make nutritious soups. Mainly for the distribution to our local seniors or the food insecure. We will try to reach out to farms, our local food pantry, local food distributors, and other local agencies like Eliot Connects to try to find the necessary items needed for such a project.

We were discussing possible workshop ideas and a few that came up were: maple tapping, canning, preserving/fermenting, and pickling.

Next meeting: April 1st, 2024

One item to be discussed will be Farm Day

Meeting Adjourned at 5:32 Leslie motioned, Tim second the motion