

## **Aging in Place Committee**

### **APPROVED Meeting Minutes June 14, 2018**

The Meeting was called to order at 1:16pm

**Present:** Ellen Ceppetelli, Ron Ceppetelli, Helen Sullivan, Jan Cerabona, Melissa Albert, Gail Licciardello. Nancy Shapleigh arriving late.

**Absent:** Jean Paulantonio, excused absense

Review of Minutes of May 31, 2108 meeting. 2 corrections were noted, correct spelling of name on page1, page 2, add Ron's name to those bringing their computers, and on page 3 the minutes needed to reflect that Jean volunteered to edit the letter regarding the Survey Monkey.

**Motion:** Ron moved to Approve the minutes as Amended. Seconded by Helen. Helen, Ron, Ellen, and Gail voted to approve the motion. No one in opposition.

**Update:** After the last meeting, Ellen had a conversation with Bob Pomerleau, select board liaison. He clarified that when reporting voting on motions it is acceptable to state: "All voting members voted unanimously."

Ellen reported that she will be going to the Tri State Meeting in Lebanon, NH on June 20<sup>th</sup>, \$35 to attend. The topic of the meeting will focus on end of life care. Meeting is from 8:30 to 1:30.

Ellen, and, Sandy & Christina from Baron Place, will be meeting next week to discuss putting on a program, possibly on hospice, at Baron Place. The meeting will tentatively be the last week in June.

As the result of the town election, Bob Pomerleau will no longer be a liaison to our committee. Ellen will contact, Dana to request having another liaison from the select board.

**Eliot Community Assessment Survey Kick Off:** A review of interactions with Eliot citizens at our booth during the election day. We kept a log of who either took the survey at the booth, either on line, or on paper survey, or took information on completing it via Survey Monkey on line. It was estimated that approximately 375 people will have completed the survey. It was noted, that we needed more copies of the letter, which the library did for us, so we may owe the library some money. Some comments that committee members heard or noted were:

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- How difficult & expensive it is to find someone to do work for the elderly
- People were commenting on property taxes as being a barrier to aging in place
- Transportation also an issue
- It was noted that in 1960 4% of people were over 65, now it is 20%
- People in general were very enthusiastic & positive about the committee
- Many of the people who stopped to talk were older
- Good way to get people to take the survey was to say that “we need your opinion.”

#### **Discussion of What worked at this event and How can We improve our presentations about the committee.**

The opportunity to talk to people was very helpful. We estimated that approximately 1200 people voted in person. What other events in Eliot attract Eliot residents? We will also need more copies of the letter explaining the survey. For future meetings it is important to listen to what people had to say. Jan indicated that she is volunteering at the 1 room school house, 1 weekend every month, and she will have surveys there for people to take. We may want to contact some of the church groups again. Ellen reported that she spoke with Ernie Bruneau from the Police Auxiliary. It is a small group of people who are very busy and are also looking for volunteers. Perhaps we can coordinate with them. The Fire Department's pancake breakfasts may also be a good place to conduct surveys, but they do not have the breakfast in the summers

Police chief and Ellen to meet to determine how police department can help.

**Motion:** Helen moved that we collect data on the Survey up to and through Election day, November 6, 2018. Motion was seconded by Ron. Those in favor: Helen, Ron, Ellen, Gail. No one opposed the motion.

Surveys will be available in the town hall, the library, and can be returned in both places as well. Ellen will get in touch with Baron place about the surveys there.

Eliot Festival day is also a good place to meet with Eliot residents. Thus, we will plan to have a booth there. The date for that is Saturday September 22<sup>nd</sup>. Cindy

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Waters oversees their meetings. Jan is planning to attend their next meeting and will inquire about having a booth.

Discussion about arranging meeting with Senior luncheons that rec department put on. Ellen will contact Kyle about arranging a date.

We decided committee members will canvas their own neighborhoods before next meeting to ask neighbors to complete either paper survey or the on-line survey.

Nancy indicated that York County Community Action might know who needs help in the community and that police and fire chiefs would be good resources. Ellen will be meeting with the police chief to discuss how the police dept and work with the committee.

Jan indicated we need to have a discussion on how we coordinate the school volunteers and church volunteers along with the elderly who need tasks done. We have had 3 people volunteer to help. We need to get their name and email address along with how they can help. How do we go about vetting volunteers? Will be helpful to contact other AIP communities to see how they vetted people. Decided that it would be a good idea to have another press release about the survey, and the need for volunteers. Ron suggested it would be very helpful to contact other AIG communities to see how they have accomplished their task, what worked and what was not so successful.

Off Their Rockers, the private, Adult Day Care center in Eliot representative was pleased with the committee and wants to work together, as business has been very good for them.

We need to have a plan a plan to entering the paper surveys in the computer. We could possibly take a meeting to enter the surveys into the computer. Ellen and Melissa will come up with a time that we can enter the paper surveys into Survey Monkey

It was confirmed that our meetings are held the second Thursday of the month from 1:00pm to 2:30.

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**Motion** to adjourn the meeting at 2:17: Ron moved to adjourn the meeting. Helen seconded it. Those in favor: Helen, Ron, Ellen, Gail. No one opposed.

Respectfully Submitted

Gail Licciardello, Secretary