

## AGING IN PLACE COMMITTEE

Minutes 6-13-19

Present: Ellen Ceppetelli, Ron Ceppetelli, Jan Cerebona (late), Gail Licciardello, Jean Paulantonio, Nancy Shapleigh, Helen Sullivan. Melissa Albet (left early)

Absent: Phil Lytle

Public and or guests:

The meeting was called to order at 1:02pm

### **Check in:**

Nancy distributed flyers concerning transportation

Gail announced that matter of Balance class is starting on Monday

**Review of Minutes of 5-9-19 meeting:** Ellen had clarified Ron's update that he had done for her in the previous meeting and requested that be in the minutes.

**MOTION:** Jan moved to accept the amendment as stated by Ellen. Helen seconded the motion. Ron, Ellen, Gail, Jean and Helen all agreed. No one opposed.

### **Update:**

- Ellen indicated that this was the last meeting for Helen and Jan. Ellen thanked Helen for all her efforts, with Gail and Jean also expressing thanks. (Jan had not yet arrived at the meeting) but was also thanked for her efforts. Helen indicated she will participate when she can.
- Ellen updated the committee on the expenses for the 2<sup>nd</sup> public meeting which was approximately \$200. And she also reminded us that we received \$2500 for the consultant, Patti Kimball to help write the action plan.
- Ellen attended a meeting in Orono on May 30<sup>th</sup>. It was a gathering of members of the lifelong communities in Maine

Ellen met Jean Saunders, President of Age Friendly Saco, 501C3 that is separate from the town of Saco, and works closely in cooperating with the town.

Jean will be the consultant who will be working with the committee to develop the action plan for the committee

- Ellen gave out the following handouts: Strategic Volunteer Engagement. AARP's Road Map to Economic Development and a Home Fit Guide with suggestions for improving home's for accessibility and safety. Copies of both are available online.
- Ellen will be going to the AARP Rural Livability on June 19<sup>th</sup> and 20<sup>th</sup>, which will also be live streamed if anyone is interested. Ellen will send out the information regarding how to access the meeting via live streaming.
- Ellen asked if anyone is interested in Participating the Tri State Learning Collaboration which provides free webinars which share information among the 3 states. Nobody volunteered.
- Gail reminded the committee that the Matter of Balance is starting on Monday, the 15<sup>th</sup>. They meet 2x per week, Mondays and Wednesday and will go thru the middle of July. Most of the participants live at Baran Place but a few are from other communities.
- Review of Minutes from 5-22-19 public meeting. There were 11 people present plus the committee members. Discussed that although the plan was to break into groups, the participants did not want to break into small groups. Some changes were made to the second draft of the minutes. In discussing the minutes, Nancy wondered why so much emphasis has been put on sidewalks and wondered how many people completed the survey and how old they were as she felt people are not interested in sidewalks. It led to a discussion of safe walking being the issue and not necessarily sidewalks.  
Jan indicated she thought that the people who attended the public meeting wanted the opportunity to talk and appreciated the opportunity to do.

Ellen asked if we could call the these a Summary of the May 22<sup>nd</sup> meeting vs minutes. The committee agreed to do so.

## NEXT STEP

Jan suggested we present a summary of our work to the select board prior to meeting with the consultant, as we are accountable to the Select Board. Ellen will prepare a summary for the select board

Suggested that the whole committee to meet with the consultant to discuss where we are and what she is thinking. It would be good if we could meet with the consultant prior to Eliot Festival Day so we can have information available for Eliot Festival Day

Next meeting will be July 11<sup>th</sup>, so it was decided to present the report to the select board prior to our July meeting. Also, it was decided to ask Patricia Oh and Patricia, our consultant to attend our July 11<sup>th</sup> meeting. Ellen will ask to be put on the Select Board, meeting on the June 27<sup>th</sup>

Ron indicated the most important thing to do is to put together the list of emails of all the people who expressed interest in our work. Ron will work with Melissa to develop the list and a plan for managing the list

Gail shared the article in Sentinel regarding the greater Portland area's receipt of a transportation grant for vulnerable Mainers and offered to find out more information about it.

Gail also cautioned us into not rushing into removing the skate park and replacing it with pickle ball, but to rather look at what other opportunities may be the best use for the park area. Ellen indicated that we have partners such a Recreation Department which can look at that. Jan indicated that she is part of the 200 yr anniversary celebration and they are looking at partnering with all the other organizations in town working together, then we will all benefit. Jan indicated a there is a meeting on Monday June 24<sup>th</sup> at the library to ensure that all groups are aware that we are planning a 200-yr. celebration. Gail indicated she will be available to attend the meeting and Jean indicated she might be able to go to the meeting a little late.

Gail requested that we change the meeting time of The Aging in Place Committee to either the beginning or end of the day. Discussion ensued. Jan indicated that

Erica (? last name) who was at the public meeting is interested in the committee but can't attend in the middle of the day. This led to a discussion of committee vacancies.

**MOTION:** Jean moved that the meeting time be changed to 3:30pm, Helen seconded the motion. Ron amended the motion to change the meeting time to 4:00pm. And Helen accepted and thus seconded the change in the motion

Ellen, Ron, Gail Jean, Helen all voted in favor. None opposed.

Ellen asked if committee member knew of anyone who would be interested in joining the committee. Gail and Helen indicated that might know of interested people.

Ron will ask Melissa if she can print out or send the list of people who volunteered at previous meetings to committee members so we can be aware of who has volunteered in the past.

Ellen will be giving a \$50 donation to the United Methodist Church for use of their space for our public meeting

**MOTION:** Ron moved to adjourn the meeting; Helen seconded it. Gail Jean Ellen, Ron, and Helen voted in favor of adjourning. Non opposed

The meeting adjourned at 2:10pm

Respectfully submitted,

Gail Licciardello