



## Aging In Place Committee

*Town of Eliot, Maine*

The mission of the Aging In Place (AIP) Committee is to provide advocacy for changes in Eliot's physical, economic, and social environment that enable Eliot residents, especially older residents, to live in their homes for as long as possible and that foster the creation of services and programs geared to keeping all residents active and engaged in the community.

# Meeting Minutes

Thursday, August 19, 2021

## I. Call to order

A meeting of the Aging In Place (AIP) Committee was held at Eliot Town Hall on Thursday, August 19, 2021. Ellen Ceppetelli, the chair, called the meeting to order at 4:10 pm.

## II. Roll Call

Attendees included Ellen Ceppetelli, Nedra Sahr, Melissa Layman, and Ann Lukegard. Michele Meyer joined the meeting at 4:45pm. The Committee welcomed Eliot resident Maureen Clark to the meeting.

## III. Approval of Minutes

The July 15, 2021, meeting minutes were reviewed and approved.

## IV. Order of Business

### A. Treasurer's Report

The July 2021 treasurer's report was reviewed and approved.

### B. Chair Update

Members were asked to clarify which email address should be used to communicate AIP business. Ann will send out a reminder to update preferred email addresses for AIP-related communication.

The Chair will attend an August 24, 2021, meeting with Jeff Brubaker, Eliot Town Planner, and Patrick Adams, the Maine Department of Transportation's Bike and Pedestrian Coordinator, concerning walkability and bike-ability safety in Eliot. A representative from the Southern Maine Planning and Development Commission will also attend the meeting. Jeff Brubaker is completing a report on his findings concerning walking and biking safety in Eliot.

### C. Public Spaces

Melissa will contact the Community Services Department for an update on new benches delivery and scheduling security anchors for existing benches. Working with Eliot DPW to ensure a view of the river for two of the benches was discussed. The Town was applauded for the great job it does in maintaining the area.

#### D. The Benches Writing Contest

Ann gave an update on promoting The Benches Writing Contest. Plans were made to post future signs at Barnes & Noble, Beach Pea Baking Co., Kennebunk Savings Bank, the dental office, the transfer station, and other locations. Melissa will correct typos on the AIP's page on the Town's website. Ann will contact Melissa A about an e-alert email to send out after Labor Day and for AIP email lists. Melissa L has the AIP banner and yard sign and will take a photo of those items to share with members.

#### E. Eliot Fall Festival Days

The members discussed who had what for the physical set up of the AIP booth at Eliot Fall Festival Days – the tent, tables, etc. Nedra has the tent and table. Ellen will have the tablecloth. Ann will have poster boards for displaying children's The Benches Coloring Page which will also be posted along the tent. Nedra will do volunteers sign-up sheets. It was decided to have a poster with AIP domains listed and opportunities for volunteers to participate. For instance, under the domain "Social Isolation" might be ideas about winter holiday singers or volunteers to help put up decorations that senior residents can no longer put up due to physical limitations, to help them enjoy the holiday season. Similarly, with "Transportation." Members will review the AIP Action Plan to see the domains and tie future planning and opportunities for volunteers to them. Other details including scheduling shifts for the day will be discussed at the September 19 meeting.

#### F. Public Comment

Eliot resident Maureen Clark presented her experience as an AIP Creative Circle member and now a facilitator for the AIP Creative Club. She also talked about her work as a caregiver for older residents and her work at the Seacoast Waldorf School.

#### G. Communications and Information

The motion to accept the Remote Participation Policy for AIP monthly meetings as written by the Eliot Select Board. To do so, the board agreed to hold a public hearing about the remote access policy on Wednesday, September 8, 2021, at 5:30 pm for public comment.

#### H. Adjournment

The meeting was adjourned at 5:20 pm.

Ann Lukejord  
Secretary

\_\_\_\_\_  
Date of approval



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### Treasurer's Report September 16, 2021

#### Arts & Humanities Funds:

Previous Balance:	\$1734.97
Pencils	<u>-10.25</u>
Balance:	\$1724.72

#### Town Budget Funds:

Balance:	\$1300.00
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Submitted by: Melissa Layman, Treasurer