



Aging In Place Committee

Town of Eliot, Maine

The mission of the Aging In Place (AIP) Committee is to provide advocacy for changes in Eliot's physical, economic, and social environment that enable Eliot residents, especially older residents, to live in their homes for as long as possible and that foster the creation of services and programs geared to keeping all residents active and engaged in the community.

Meeting Minutes

Thursday, September 15, 2022

I. Call to order

AIP Chair Ellen Ceppetelli called the September meeting of the Aging In Place (AIP) Committee at Eliot Town Hall and on the Town's OWL live feed to order at 4:00 pm.

II. Roll Call

Attendees included (in person) Ellen Ceppetelli, Melissa Layman, Ann Lukejord, Nedra Sahr, Maureen Clark, and Karen Tomanio.

Absent: Michele Meyer and Michael Thompson

III. Approval of Minutes

The July and August 2022 Minutes were approved.

IV. Order of Business

A. Treasurer's Report

The July and August Treasurer's Reports were approved.

B. Chair Update

The Chair reported that she is working on a survey sent to the committee as AIP had received an AARP 2022 Community Grant in 2020 for additional town benches.

On September 23, 2022, the Chair and AIP member Michele Meyer met with Megan Shapiro-Ross, the executive director of Footprints Food Pantry, to discuss local food insecurity and how AIP can support Footprints' efforts.

On September 6, the Planning Committee discussed the passage of LD 2003 which acts to increase affordable housing and accessibility in Maine. The bill will increase housing density, and issue that will be on the town ballot in 2023.

Upcoming participation by AIP members includes the following: Ellen, Nedra, and Mike will attend the AARP Age-Friendly Master Class online in October and November, Ellen will attend

the AARP Housing Seminar, Nedra, Ann, and Maureen have been assigned to subcommittees for the Eliot Comprehensive Plan. Melissa will also serve on the Eliot Comprehensive Plan as a private person.

The October agenda will include a discussion of language when speaking about older residents, as part of AIP's and nationwide efforts to tackle ageism.

C. Creative Connection

Maureen reported that the next Creative Connection group will run on Fridays from October 14 to November 18 from 11am to noon on zoom. She is hoping for six participants but will run it with five. She said the art supplies were depleted. Ann motioned, Melissa seconded, and all voted unanimously to allocate \$100 to Maureen for use purchasing Creative Connection supplies. Ann said she would submit a calendar listing for Creative Connection to The Weekly Sentinel.

D. Community Resilience Partnership Workshop

Nedra reported on the Community Resilience Partnership Workshop she attended for AIP. Ellen read Nedra's recap email. Of note, were issues concerning erosion along the Eliot banks of the Piscataqua River and food insecurity. Demonstration gardens, 500 square feet in size, were suggested as a means for people to grow food locally. Karen shared that The Atlanta Food Bank is a national organization that travels throughout the world to solve food insecurity.

E. Eliot Festival Day

Assignments were made for promoting the Footprints Food Drive at the AIP booth. The committee discussed issues to promote at the AIP booth and engage the public. The committee voted to approve the printing and delivery costs of 250 Local Food Support rack cards for distribution at the AIP booth and through other avenues following the event. AIP voted not to share information about the proposed town hall renovation. Ann made a motion, Nedra seconded, and the vote was 3-3 to not share information about the renovation. Members took responsibility for bringing specific items to the booth, and members signed up for time slots for staffing the booth. Ellen and Ann were assigned to march in the parade with Melissa jumping in at the end of the route. Melissa made a motion, Maureen seconded, and it was passed that not more than \$100 be available for printing purposes for the AIP booth at Eliot Festival Day.

F. Social Participation Domain

The committee will discuss the Maine Digital Inclusion Initiative.

Public Comment

There was no public comment.

Adjournment

The meeting was adjourned at approximately 5:30 pm.

Ann Lukejord

October 20, 2022

Secretary

Date of approval



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Treasurer's Report for September 2022 to be reviewed October 20, 2022

Arts & Humanities Funds:

Balance: \$1724.72

Town Budget Funds:

Previous Balance: \$1500.00

Food Support Rack Cards, Eliot Festival signage - \$241.00

Acrylic display, supplies (tape, paper, foamboard) -\$48.93

Balance: \$1210.07

Total: \$2934.79

Submitted by: Melissa Layman, Treasurer