



## Aging In Place Committee

*Town of Eliot, Maine*

The mission of the Aging In Place (AIP) Committee is to provide advocacy for changes in Eliot's physical, economic, and social environment that enable Eliot residents, especially older residents, to live in their homes for as long as possible and that foster the creation of services and programs geared to keeping all residents active and engaged in the community.

# Meeting Minutes

Thursday, July 21, 2022

### I. Call to order

AIP Chair Ellen Ceppetelli called the July meeting of the Aging In Place (AIP) Committee at Eliot Town Hall and on the Town's OWL live feed to order at 4:02 pm.

### II. Roll Call

Attendees included (in person) Ellen Ceppetelli, Melissa Layman, Ann Lukejord, Nedra Sahr, Maureen Clark, Michele Meyer, and (remotely) Michael Thompson. Karen Tomanio was absent.

### III. Nomination and Election of Officers

The following members were nominated and elected unanimously to office: Ellen Ceppetelli, Chair; Nedra Sahr, Vice Chair, Melissa Layman, Treasurer, and Ann Lukejord, Secretary.

### IV. Approval of Minutes

The June 16, 2022, meeting minutes were reviewed and approved as amended.

### V. Order of Business

#### A. Treasurer's Report

The June 2022 treasurer's report was reviewed and approved.

#### B. Chair Update

The Chair reported on a remote meeting with Mike Sullivan, town manager, and Brad Swanson, chair of the Capital Improvement Committee, about plans for the new town hall and possible community center.

The Chair welcomed Sandy Burkhart and Carol Selsberg, Eliot residents, to the meeting.

The Chair called upon Nedra Sahr and Maureen Clark to report on their experience attending the recent town summit meetings on, respectively, Town Structures and Finances and Community Housing, Public Safety, and Economic Development.

Maureen shared that a new Creative Connection workshop is being planned for the fall, with more information coming and complete information in the AIP newsletter

#### C. Public Spaces

Nedra shared an update on the Boat Basin gardens around the benches. Eliot DPW's Steve Robinson continues to work with Nedra on ways to facilitate watering of the plants and flowers. Mike and Melissa will team up to install anchors on the benches.

#### D. Communications

Ann reported that the AIP email account ([AIP@eliotme.org](mailto:AIP@eliotme.org)) had been down and that Melissa had worked with Stellar Networks to get it up and running again. Ann shared the draft of the July/August newsletter for members to comment on and approve. Discussion centered on expanding regular mail of the newsletter to people who do not have internet access. Michele will be sending addresses to Ann to help expand this list. Resident Carol Selsberg suggested adding a "what to do in case of an emergency" sheet in the next edition. Sandy Burkhart agreed and directed Ann to the Eliot Fire Department for a "file of life" form.

#### E. Guest Speaker

Ellen introduced Megan Shapiro-Ross, executive director of Footprints Food Pantry, to discuss food insecurity and the challenge for families and individuals locally. There was discussion after Ms. Shapiro-Ross's presentation about holding a Food Insecurity Summit in Eliot.

#### F. Public Comment

Sandy Burkhart and Carol Selsberg shared their thoughts on how AIP can engage Eliot seniors. Carol shared her experience bring teenagers and seniors together to teach older residents how to use technology. There were additional thoughts on helping seniors get computers through grants. Another idea was to help seniors tell their stories to teenagers to learn from each other.

#### Adjournment

The meeting was adjourned at 5:30 pm.

Ann Lukejord

August 18, 2022

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Secretary

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Date of approval



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### **Treasurer's Report for July 2022 to be reviewed August 18, 2022**

#### **Arts & Humanities Funds:**

Balance: \$1724.72

#### **Town Budget Funds:**

Balance: \$1500.00

**Total: \$3224.72**

Submitted by: Melissa Layman, Treasurer