



*Eliot Aging In Place
Committee*

Aging In Place Committee

Town of Eliot, Maine

The mission of the Aging In Place (AIP) Committee is to provide advocacy for changes in Eliot's physical, economic, and social environment that enable Eliot residents, especially older residents, to live in their homes for as long as possible and that foster the creation of services and programs geared to keeping all residents active and engaged in the community.

Meeting Minutes

Thursday, April 21, 2022

I. Call to order

AIP Chair Ellen Ceppetelli called the April meeting of the Aging In Place (AIP) Committee at Eliot Town Hall and on the Town's OWL live feed to order at 4:00 pm.

II. Roll Call

Attendees included (in person) Ellen Ceppetelli, Melissa Layman, Maureen Clark, Ann Lukejord, and Nedra Sahr. Michele Meyer was absent. There were no members of the public in attendance.

III. Approval of Minutes

The February 17, 2022, meeting minutes were reviewed and approved as amended.

IV. Order of Business

A. Treasurer's Report

The February 2022 treasurer's report was reviewed and approved.

B. Chair Update

The Chair reviewed the public right to know law and the importance of keeping the Committee's work and work-related discussions open and available to the public. This includes in person discussion of three or more members as well as group emails. All agreed. The Chair reported that the AARP grant had been submitted and requested \$15,000 for the installation of a crosswalk with pedestrian lights. The Committee should hear if the grant is approved or not by mid-May. The Chair shared that the committee and town have decided not to pursue the outdoor fitness center at this time. The Chair directed members to visit the AARP Livability Index to see how well Eliot was doing in terms of improving livability in relation to its goals and other Maine communities. Ellen explained that Patricia Oh encouraged the use of the Index to assess success in meeting goals as outlined in our Action Plan.

C. Social Isolation

Maureen reported that the recent Creative Connection group had finished. Participants are hoping to meet in person, possibly for lunch at the Boat Basin. Maureen shared that a new group will be offered in the fall.

D. Communications

The committee agreed to request a banner be hung at Town Hall to note May as Older Americans Month and that the newsletter and online avenues be used to promote the month.

Ellen discussed the York County Commodity Supplemental Food Program and its important to Eliot residents sixty years of age and older. It was decided to promote this program in the newsletter and online, and to make sure Baran Place residents are informed about it. Ann will send an email to the newly formed Eliot Food Security & Agriculture Committee as this program may be of interest to them and AIP likes to collaborate with other groups.

Ann shared an update on improved pickleball facilities in Eliot from Town Manager Mike Sullivan. The plan is to add, hopefully, three courts at Murray-Rowe Park. Everything hinges on if the Town passes the proposed budget on June 14. Ann sent this update to the pickleball community members who first reached out to AIP, Lorrie Oeser, Diana Cullen, and Barb Meadows. Ann met with Heather Muzeroll-Roy, the Community Services director, to discuss scheduling beginner pickleball clinics. Community Services has offered these clinics before and are at the ready to do them again. We agreed we would let the pickleball community provide direction on this. Ann shared this information with community members mentioned above.

Ann suggested upcoming newsletter themes to help streamline members writing and sharing information in a timely manner to best create and distribute the monthly newsletter. All agreed. Those themes are:

May/June - Age My Way - Promote Election Day on June 14, Report on May as Older Americans Month

June/July - Stay Active and Involved - Pickle ball - for beginners, Election results

July/August - Stay Social - Enjoying the AIP benches around town, Importance of getting out in nature

August/September - Meaningful Connections - AIP's Creative Connection, Eliot Fall Festival

September/October - Eliot Fall Festival

October/November - Autumn, Thanksgiving

November/December - Winter preparation, winter holidays

Ann made a motion and Nedra seconded that AIP pays for Canva, the online graphic design tool used to create the monthly newsletter, at an annual cost of no more than \$130.00. The motion passed.

Nedra discussed the planned May 6th clean-up around the benches at the Boat Basin.

Ellen shared that Eliot Connects would like to have a shared Zoom meeting with AIP members at its next community meeting on May 16.

Melissa brought up the issue of housing challenges for residents of all ages. The committee discussed this matter and how they could possibly impact positive change.

Public Comment

There was no public comment.

Adjournment

Nedra motioned and Maureen seconded adjourn the meeting. The motion passed. The meeting was adjourned at 5:10 pm.

Ann Lukejord
Secretary

May 19, 2022
Date of approval



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Treasurer's Report for April 2022 to be reviewed May 19, 2022

Arts & Humanities Funds:

Balance: \$1724.72

Town Budget Funds:

Balance: \$1149.48

Total: \$2874.20

Submitted by: Melissa Layman, Treasurer