# Approved Aging-In-Place Meeting Minutes of November 8, 2018

Present: Ellen Ceppetelli, Ron Ceppettelli, Gail Licciardello, Jean Paulantonio, Helen Sullivan,

Jan Cerebona arrived late

Absent: Nancy Shapleigh

Public Guest: Sandy Burkett

The Meeting was called to order at 1:07 pm

Approval of Minutes: Jan moved to approve the minutes as written. Helen seconded the

motion. Ellen, Ron, Gail, Jean and Helen all voted in favor. None opposed

#### **Chair Update:**

- Ellen indicated that at our last meeting Ernie Bruneau suggested that we have a liaison to the Historical Society. Ellen indicated that Jan Cerebona is our contact with that group.
- Ellen relayed that Melissa called Ellen regarding the request of an elderly woman in Eliot, who ran out of fuel and needed assistance. No one on town staff was able to assist and that is why Melissa called Ellen. Ron then purchased 10 gallons of heating oil for the woman and restarted her heater so that she could remain warm until the fuel company could deliver fuel on their next regularly scheduled day. Melissa indicated that the town has emergency funds available for residents, so Ron will be reimbursed for the fuel. Sandy Burkett relayed that the Eliot Fire Department is always available to assist in these types of situations as well as other emergency situations.
- Regarding the submission of information about the AIG committee to the Community Service Departments newsletter, Melissa reported that she has contacted Heather who is responsible for producing the newsletter. The newsletter is published in March and August. The deadline for the submission of articles/information for the next newsletter is the end of February.
- Ellen will be going to the AARP national conference in N. Carolina on Monday and Tuesday. She will be attending a supplemental meeting on transportation issues. AARP is providing the funding for this trip so that Ellen can attend. These meetings generally have specific topics, but they all seem to focus on the planning aspect of resolving issues.

**Update following the Door to Door campaign and Update on Surveys:** Gail reported she went to the Houde neighborhood. Spoke with 20 people who were receptive to the survey, some had heard of the committee, others had not. Left 12 surveys at homes where no one was home. Jean was unable to conduct the survey. Helen spoke to her neighbors either previously or that weekend. Ellen was at the transfer station on a very rainy day. Did not interact with as many people as she had hope to, partly because of where she was instructed to set up. Ron was not able to survey neighbors.

### Approved Aging-In-Place Meeting Minutes of November 8, 2018

Regarding the final day of distributing the surveys, ie Election Day. Voters were receptive to learning about the committee and completing the survey. Many indicated they had already completed the survey. Ellen was amazed at how many people had not heard about the committee

The town managers wife has been assisting with data entry of the paper surveys into Survey Monkey (Thank you).

Once all the surveys have been entered in to Survey Monkey and then analyzed, Patricia Oh will help us in Planning what we should do with the survey analysis.

**Follow up regarding benches and Great Works Land Trust.:** Ellen spoke with Daryl Tattau from the land trust. He was delighted we were interested in placing park benches, but he suggested a better location may be the Savage Trail, which is also in Eliot. It was also suggested that perhaps a bench at the beginning of the Douglas woods Trail, as it was near the side walk, which might be a good location for those walking down State Road. Ellen indicated that the Rotary is interested in collaborating with us to provide benches.

Discussion of presentation on Emergency Preparedness presentation. Gail relayed that she had contacted the Maine Emergency Management Agency (MEMA) about presenting to Eliot resident and particularly Eliot seniors on how to prepare for home emergencies, and emergencies which may effect the entire community. Sandy reported that Baron Place has a generator and is available for people to come in. Gail has contacted Arthur Cleaves at the York office of MEMA. He emailed that he would like to coordinate this with the Fire Chief in Eliot. Gail has not received any further information. Ellen will contact Arthur about his communication with the fire chief and if we can go ahead and schedule something.

Sandy reported that Sheriff King would also be willing to participate in such a presentation. Sandy Burkett indicated that Monday and Tuesdays are good days to have a presentation at Baron place, and generally any evening is good as well. Sandy should be contacted regarding any audio-visual needs for any presentation being held at Baron Place.

**Good Neighbor Day**. Jan reported she has a team together (teenager and older person, to help an elderly neighbor. General discussion pursued on how to generate the volunteers and to get elder to request help. Discussed a suggested the catch phrase: "Livable Communities have Neighbors Who Help Each Other."

Discussion of need to have some community meetings after we compile the results. The purpose would be to discuss the results of the survey and possibly how to develop a structure of recruiting and organizing volunteers.

Helen will call the person who might like to come to our AIG meeting. She will also suggest that the senior luncheon may be of interest to this woman.

## Approved Aging-In-Place Meeting Minutes of November 8, 2018

#### **General Discussion:**

Melissa indicated that there is paper work committee members need to review and sign. It is the "Right to Know" Law. Melissa distributed the material; committee members reviewed and signed the document.

Budget Request: Ellen will request \$1400 for next year. There was discussion if the committee would lose any of the funds not yet spent or would they be carried over to the next year. Melissa indicated that the committee needs to ask the select board to carry over the funds not spent this into next years budget. Jan suggested we could put in the budget money to rent spaces for community meetings. Discussion of cost for benches then ensued. It was estimated that a bench may cost approximately \$1500. It was also noted that Tim Picket, a wood worker may be a person to contact about making benches.

Ellen will also have a discussion with Dana Lee about up coming plans for the committee. Ellen will apply for a grant to help develop a plan based upon the survey results.

The committee was questioning if Nancy Shapleigh had been in contact with anyone. Committee members indicated that emails sent to her have bounced back. Ellen will contact her.

The next AIG meeting is December 13<sup>th.</sup> Gail indicated that due to a previous commitment she can not attend the 1 pm meeting, but if people could meet at 8am then she could attend and take minutes. The committee preferred to keep the meeting as scheduled. Jean and/or Melissa volunteered to take minutes for that meeting.

**Motion:** Ron moved to adjourn the meeting. Jean seconded it. Ellen, Ron, Gail, Jean, and Helen all voted in favor. None opposed.

The meeting adjourned at 2:22pm

Respectfully submitted,

Gail Licciardello