



## Aging In Place Committee

*Town of Eliot, Maine*

The mission of the Aging In Place (AIP) Committee is to provide advocacy for changes in Eliot's physical, economic, and social environment that enable Eliot residents, especially older residents, to live in their homes for as long as possible and that foster the creation of services and programs geared to keeping all residents active and engaged in the community.

# Meeting Minutes

Thursday, October 14, 2021

## I. Call to order

AIP Chair Ellen Ceppetelli called the October meeting of the Aging In Place (AIP) Committee at Eliot Town Hall and on the Town's OWL live feed to order at 4:00 pm.

## II. Roll Call

Attendees included Ellen Ceppetelli, Melissa Layman, Ann Lukejord, and Michele Meyer. Nedra Sahr was excused from the meeting by the chair. As such, the chair made alternate Michele Meyer a voting member for this meeting. Guests included Eliot residents Barbara Burns and Diane Cullen and Eliot Town Planner Jeff Brubaker.

## III. Approval of Minutes

The September 16, 2021, meeting minutes were reviewed and approved.

## IV. Order of Business

### A. Treasurer's Report

The September 2021 treasurer's report was reviewed and approved.

### B. Chair Update

The Chair shared that the October meeting was changed from the third Thursday of the month to the second Thursday of the month as two members had conflicting commitments on October 21, 2021.

### C. Public Spaces/Public Comment

The chair introduced Eliot residents Barbara Burns and Diane Cullen to address the committee. She stated that in AIP's initial 2018 survey of Eliot residents the sport of pickleball was identified as a beneficial, enjoyable town activity that enriched the social, physical, and emotional health of participants, especially older residents, and that expanding existing pickleball facilities should be a priority for the town. Ms. Burns and Ms. Cullen confirmed that pickleball improves players' health and wellbeing, and that players are of all ages. They would like to get more residents involved in the sport, even serving as teachers to help people learn the game. Their concern in addressing the committee is the lack of true pickleball courts and the poor condition of the t

tennis courts at Frost Park used for pickleball courts. Representing Eliot pickleball enthusiasts, Ms. Burns and Ms. Cullen would like to see true pickleball courts in Eliot that could be used year-round weather permitting. They have reached out to the Town Recreation Department about recent repairs to the tennis courts. They are asking for AIP's support and help in improving pickleball facilities in Eliot. AIP thanked the residents for addressing the committee and made plans to address the situation with the Recreation Department. Ms. Burns's and Ms. Cullen's email addresses were recorded by the secretary to communicate with them about this issue.

#### D. Presentation by Town Planner Jeff Brubaker on Walking and Biking in Eliot

Town Planner Jeff Brubaker presented his draft report "Improving Conditions for People to Walk and Bike in Eliot." He had previously emailed to members his full draft report for members to review. AIP voted in favor of formally endorsing and accepting the proposal, "Improving Conditions for People to Walk and Bike in Eliot."

#### E. Civil Engagement

The chair moved the topic of Civil Engagement to the next meeting.

#### F. Foundation for Arts & Healing

The chair reported that she has not heard from the Foundation for Arts & Healing on the status of the organization continuing last year's programs. The chair spoke with Deb Lloyd who lead last year's Creativity Circle and they thought the Eliot workshops would move forward with Deb Lloyd and Maureen Clark heading up local efforts.

#### G. Adjournment

The meeting was adjourned at 5:15 pm.

Ann Lukejord  
Secretary

November 18, 2021  
Date of approval