

Aging in Place Committee
Approved Minutes 8-22-19 Meeting

Present: Ellen Ceppetelli, Ron Ceppetelli, Gail Licciardello, Nedra Sahr, Liz Castillo (late)

Absent: Jean Paulantonio, Francis Thomas

The Meeting was called to order a 4:01pm

The chair requested that the order of the agenda be changed in order to elect the officers of the committee.

Approval of 7-11-19 minutes:

Motion: Gail moved to accept the minutes as written. Ron seconded the motion. Ellen, Ron, Gail, voted in favor, none opposed.

Election of Officers: Melissa noted that the election of officers should occur every June.

Chair: Gail nominated Ellen to be chair, Ron seconded it. Ellen, Ron, Gail, and Nedra voted in favor. None opposed

Vice Chair: Ron nominated Nedra to be vice chair, Ellen seconded it. Ellen, Ron, Gail and Nedra voted in favor, none opposed

Secretary: Nedra nominated Gail for Secretary, Ron seconded it. Ellen, Ron, Gail and Nedra voted in favor, none opposed.

Treasurer: Gail nominated Ron to be treasurer, Nedra seconded it. Ellen, Ron, Gail and Nedra voted in favor, none opposed

Update from the Chair:

- Ellen asked that the update from the chair that was provided to the Select Board on July 11th be attached to today minutes
- Ellen indicated that she has applied for a booth at Eliot Festival Day (September 28th) for a cost of \$35.00. The booth runs from 9am -3pm. Nedra volunteer to provide a tent and a table.
- The Maine Council on Aging will have a teleconference. Gail will participate if she is not working. They are also having a regional meeting sometime in the fall. The Tri State Learning collaborative. Ellen will send out emails to committee members with the details of the meetings.

Review of Patti Kimball's draft Action Plan: There was a lengthy discussion and review of the draft action plan that Patti Kimball developed.

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Ellen reported that she provided the draft action plan to Dana Lee, and Jack Murphy and have reviewed it and provided their written comments. Ellen has incorporated those in her comments as well. In review of the document, the following comments were made:

- The target audience for the Action Plan is initially to the Eliot Select Board, and eventually to the citizens of Eliot
- Bob Pomerleau, at the time a selectman, learned of aging in place work of AARP and asked the board to establish such a committee
- Although the committee was established in June 2017, the committee did not meet until November 2017
- Suggested that we start the report with some stories that exemplify what the committee is all about neighbors helping neighbors. It may inspire people to help out in different ways. Gail offered to call Helen Sullivan who has relayed a story about 2 sisters in the 90s
- Ellen will update the action plan to include the new members of the committee
- Suggested to very briefly define the 8 domains early in the action plan
- Need to further develop and define the mission of the aging in place committee, which could possibly be the first section of the action plan. It was discussed that the mission should be a brief sentence that captures what you are looking to do and should be on all our documents.
- Ellen will follow up with Bob Pomerleau to discuss the mission/purpose that he discussed with the Select Board.
- Section 1 of the original draft will become section 2 and, section 2 will become section 1
- It was decided, by consensus, that we will need further discussion about the structure of the action plan
- It was suggested that in the new section 1 we just have a “vision” statement and will not have a ‘Mission” statement. That after we have our introduction to the report this new section 1 will have the vision of AIP
- It was suggested that we briefly describe each of the 8 domains in this new section 1.
- Suggested that in the organizational Structure Section it was suggested that we add “the select board appoints a liaison to the committee”.
- In the Old Section 1 (to become section 2) the Community Assessment, there were grammatical conceptual changes made. The new sentence will read: From June 12 through November 6 AIP embarked on an assessment project to determine what it is like to age in Eliot and what people have and need to remain in Eliot.
- Also, a statement should be added that additional resources can be found on the town web site
- The results were analyzed by Patricia Oh, of AARP

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- In the AIP Plan Development Meeting it was decided that since we had defined the domains earlier on in the report, we do not need to define them again
- We will need to have the presentation to the select board, prior to the action sharing plan with the citizens of Eliot.
- There was discussion of what the structure of the committee work is. How are we defining: executive committee, the steering committee vs AIP, and subcommittees and what will each do?
- Discussion of volunteers lists and how to manage it.
- Nedra volunteered to re-write the Processes portion of the New Section 2
- Discussion of Section 3 Decided to rename the "Assessment Conclusions." It will be now stated as "Summary of Survey Results." In addition, the Summary Conclusions section will be renamed
- The Public Spaces section has conflicting sentiments. Ellen will look at and re-write it so it sounds better. Also the term "parking lot" will be reworded as "new ideas."
- The correct word is Accessory Dwelling Unit (not accessible)

For the next meeting, Ellen asked that committee members review the goals for the 4 domains. And, that committee members look through all the quotes that were made in the survey and select an appropriate quote for each domain.

Ellen will rewrite the action plan based upon today's discussion and send it out to all the committee members

Next meeting will be September 12th from 4-5:30.

Motion: Nedra moved to adjourn the meeting. Ron seconded the motion. Ellen, Ron, Gail and Nedra voted in favor, none opposed.

The meeting was adjourned at 5:58pm

Respectfully submitted"

Gail Licciardello

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Report of the Aging in Place Committee (AIP)

July 11, 2019 Select Board Meeting

I am pleased to speak tonight to update you to the progress made since late January when I shared the results of the Eliot Community Assessment.

- Both Spring public meetings reaffirmed the survey findings from 330 Eliot residents. That is, the key opportunities for improvement include walkability and pedestrian/bike safety; information about local activities and resources; property tax relief, and transportation. Please see posted minutes from both meetings for more detail
- At the April meeting, the AIP shared the survey results. Approximately 50 residents shared their reactions and new ideas. Two new ideas suggested included :1) converting the skateboard park into a pickle ball court, and 2) increasing the square footage of additional dwelling units (ADUs).
- At the May meeting, approximately 20 residents began the process of exploring what is working, obstacles and solutions, strategies to meet goals, and potential, partners. AIP will build on Eliot's community strengths to develop an action plan and evaluation.
- The AIP will use this information to develop an action plan in the next few months. We will be assisted in this process by two leaders in the field of Age Friendly work in Maine. We have hired Patti Kimball, as our consultant to write the action plan that, when finalized, will be presented to the Board for review. The AIPs \$2,500 grant application to AARP of Maine of \$2500 was approved to fund Ms Kimball's work.
- AIP requested a Lifelong Fellow (LLF) from a new project developed by the University of Maine and The Maine Community Fund. Jean Saunders, President of Age Friendly Saco will assist us in the implementation of the action plan.
- I would like to acknowledge the good work of four members of the committee, Janice Carebona, Ron Ceppetelli, Nancy Shapleigh and Helen Sullivan. Janice , Helen and Ron's terms have expired and Nancy has recently resigned. Ron is the only member who has applied for reappointment.

Respectfully submitted,

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Ellen Ceppetelli