

Approved Aging In Place Committee Minutes

April 5, 2018

Meeting was called to order at 1:02pm by Chair Ellen Ceppetelli.

Attending: Ellen Ceppetelli, Ron Ceppetelli, Helen Sullivan, Jean Paulantonio, Jan Cerebona, Bob Pomerleau - Select Board Liaison

Absent: Gail Licciardello

Minutes of 2/8/18 were reviewed. Ellen suggested adding to the 2nd sentence in paragraph 8 the name "Patricia Oh" to replace "she" for clarification. Helen made a motion to accept the minutes as amended. The motion was seconded by Ron and passed unanimously.

Minutes of 3/14/18 were reviewed. Motion made by Ron, seconded by Helen and passed unanimously to accept as reviewed.

Chair update: Updated survey was reviewed, resulting in the following changes. On page 1, questions were raised around the household descriptions. Ellen will check with AARP as to the reasons for the various breakdowns. On page 3, a ranking option was added to question 6 and an apparent typo required the addition of the word "you" to question 7a. On page 5, the word "feel" in questions 15 and 16 was replaced with the word "think" and "YOURTOWN" was replaced with "Eliot". On page 7, following a discussion initiated by Jan on the need for respite care in and out of the home and of the emotional, physical and economic burdens on caregivers, "elder day care" was added as "j." to question 25. A motion to accept the changes to the survey was made by Bob, seconded by Helen and passed unanimously.

Member updates: Jan reported on her attendance at the March Senior Citizen meeting to present the community service projects needed by Marshwood High School students. Her overall impression was that many seniors were interested in the idea but were reluctant to have kids they didn't know coming to their homes. For now, word-of-mouth appears to be the best option for getting people involved. Ron described a conversation he had with the CEO of York Hospital who was very interested in keeping up with the AIP committee and who mentioned that there is no geriatric hospital in the U.S.

Public comment: Michele Meyer and Roseanne Adams, members of the Board of Directors of Baran Place, a 41 unit HUD funded elderly housing facility, along with Sandy Burkett, an on-site resident representative on the Board, presented information on past, planned and potential programs and speakers of interest to elders and the hope of sharing resources with the AIP committee. Also described was the File of Life program provided by the Fire Department and the 5 wishes program. Bob reminded us of the ability to request e-alerts from the Town Hall on specific issues.

Roseanne suggested that the survey's cover letter needed to be worded so as to make it clear that input was needed from ALL residents, regardless of age. Ellen agreed that the letter would be reviewed to be sure of clarifying that.

Kim Holt and Kelly Williams presented information and flyers on their new business, "Off Your Rocker", on Cedar Rd. in Eliot. This is an adult day care center providing non-medical socialization and recreational services to senior citizens 5 days a week for half day (\$40) or whole day (\$68) sessions. They are licensed for 12 clients at a time with a ratio of 2 caregivers to 3 clients and hope to expand their client numbers, staff and services in the future.

Communication plan: Discussion continued on strategies for dissemination of the survey and awareness of the AIP committee, including holding focus groups, speaking at various meetings, having tables at various events, having the survey available at the Town Hall and doing a mailing. Ellen will contact Patricia Oh at AARP for possibilities around qualifying for Challenge grants, the applications for which are due by 5/16/2018.

An application to be an alternate member of the AIP committee has been submitted by Nancy Shapleigh to the Select Board.

The next AIP mtg is scheduled for 5/10/2018 at 1pm.

A motion to adjourn was made by Helen, seconded by Jean and approved unanimously. The meeting was adjourned at 2:28PM.