

APPROVED AGING IN PLACE COMMITTEE MEETING MINUTES

04-11-19

Present: Ellen Ceppetelli, Ron Ceppetelli, Gail Licciardello, Jean Paulantonio, Helen Sullivan, Nancy Shapleigh

Absent: Richard Donhauser, Jan Cerebona, Melissa Albert (at training)

Public and/or Guests: Dough Green, Eliot Planner joined the meeting to review our recap of the 4-10-19 meeting

The Meeting was called to order at: 1:03pm

Review of minutes:

MOTION: Jean moved to approve the minutes as amended. Helen seconded it. Ellen, Ron, Gail, Jean and Helen all voted in favor. None opposed.

Information Sharing:

Update from Ellen: Ellen is to apply to AARP for a grant to pay a consultant to help with the Action plan. Pat Kimball is not able to attend our May 22nd, but will write the action plan based upon the results of the survey and our meetings on 4-10-19 and 5-22-19. Patricia Oh will come the meeting on 5-22-19 to discuss the goals and then she will consult with Pat Kimball to help with the action plan. The committee will decide what the priorities are and then Pat Kimball and Patricia Oh The fee for the consultant to write grant is \$2500, and as such Ellen will write the AARP grant for \$2500.00.

Ellen has been invited by Patricia Oh to attend the AARP National Rural Conference Meeting in Portland In June

Update on Matter of Balance from Gail: Gail has completed the 8 hour training to become a coach for a Matter of Balance, which is a national, standardized falls prevention program. The falls prevention program is a series of 8 classes. Gail has provided contact info for Anna Guest and Sandy Burkett with hopes conducting the workshop at Baran Place. They are all tentatively scheduled to meet on Friday April 12th to review the space. There is a fee to attend the class, partially to insure a commitment to the program, as it does require participation in all the classes. Anna Guest will be responsible for the marketing of the program and getting participants. Helen recently went to a workshop at York Hospital on falls prevention.

Review of the Community Meeting on April 10th.

Dough Green, Eliot Planner joined the meeting at this point. Ellen briefly reviewed the results of the survey for him. The committee then discussed their views on the meeting was held at the Waldorf School with 56 Comments from the committee members regarding the meeting were as follows:

- Members were pleased with the numbers of people who came to the meeting, and especially those who were also involved with agencies such as Meals on Wheels, Food

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Pantry, Southern Maine Agency on Aging and their willingness to speak and share their thoughts.

- Lack of safe out door spaces, for walking was identified
- Some sort of tax relief for the elderly
- Whatever we do for the elderly, will be good for everyone in Eliot
- 12 people volunteered to help with the committee's work, many of them willing to assist with transportation
- Nancy indicated that some of the people who spoke did not have all the facts, especially related to the skate park comments that were made. There were so many issues brought up that people only had half the story/history.
- Transportation is the number 1 priority,
- Suggestion that taxes freeze once you reach a certain age
- Could consider a possible contract with a transportation company to provide some transportation needs
- There is an organization in York that provides private transport just for York residents
- Information and communication are areas to work on as there are many services available that people don't know about
- There is no place in Eliot for people to gather. 6-8 people meet at Dunkin Donuts on a regular basis. More places like that are needed
- The library is currently saving funds for a children's room
- Sidewalks, although there was lots of discussion at the community meeting about sidewalks, the only sidewalks in town are from the Beech Road to the library, but there are lots of people out walking in various neighborhoods. We have also had discussions with the Eliot Rotary about placing benches in other areas in town.
- There could be increased use of Boat Basin as a safe place to walk.
- The town's Comprehensive plan from 2009 is a reasonably valid document about plans/goals for town. Will need to be redone some time in near future. Our action plan needs to be in coordination with the Town Comprehensive Plan.
- The committee may need to increase awareness of TIF funds and how they can be utilized to meet our goals. The history of the TIF funds is that the funds were to be used to expand sewer services on Rt. 236. We could possibly meet with representatives of the TIF committee to increase our awareness of the plan.
- Need to think about a communication plan to get more people at the May meeting
- Because it was difficult to hear at the Waldorf School location Ellen told the school that we would not be meeting there in May. Ellen will contact the Methodist Church on Rt 236 to see if we could have our May 22nd meeting there.
- Ellen will contact the 12 people who volunteered to help the committee and the community to thank them and to let them know the change in location for the May meeting

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- RE: Plan to alert people to May 22nd meeting increasing awareness of the next meeting: press releases, web site, sentinel and perhaps a few flyers to post in library, town office, etc. Ellen will ask Melissa to print up some flyers to have available a week or so prior to the meeting.

New Business:

Ellen reported on a request from Michelle Meyer, Rep to the State House to partner with AARP, and the Baran Center to discuss the cost of pharmaceuticals. Sandy Burkett has indicated that she is very willing to help with this program and that Baran Center can handle approximately 35 people.

MOTION: To coordinate with Baron Place and AARP to promote the presentation on the cost of pharmaceuticals. Helen Seconded. Ellen, Ron, Gail, Jean and Helen in favor, none opposed.

Public Comment: Doug Green indicated that he has heard and processed what the community and the committee has discussed. Ellen encouraged him to review the full report on the survey, especially the comments that were made.

MOTION: Jeanne moved to adjourn the meeting. Helen seconded it. Ellen, Ron, Gail, Jean, and Helen approved. None opposed.

The meeting adjourned at 2:03pm

Respectfully submitted:

Gail Licciardello