

AGING IN PLACE COMMITTEE

APPROVED MINUTES, January 10, 2019

Present: Ellen Cepetelli, Ron Ceppetelli, Gail Licciardello, Jean Paulantonio, Nancy Shapleigh, Richard Donhauser

Absent: Helen Sullivan (excused)

Review of December 2018 Minutes: The following sentence was added to the minutes (on the last page, just prior to the second paragraph from the bottom). "At the Emergency Preparedness Presentation held in December, the fire chief indicated that he wants to work with the AIG Committee to sign up Eliot residents who may need assistance from the fire department.

MOTION: Ron Moved to accept the minutes as amended. The motion was seconded by Jean. Ellen, Ron, Gail, and Jean voted in favor of the motion, with none opposed.

- **Chair Update:** Ellen met with Dana and Melissa concerning planning meetings with the public to relay survey results. She also discussed her meeting with Maine community Fund which has mini grants regarding engaging communities with public meetings.
- She spoke with Patricia Oh. She indicated AARP can provide us with some resources, specifically grants to help us develop an action plan.
- Patricia Oh has an AIG table cloth for us which indicates that we are part of age friendly communities. It needs to be picked up in the Portland office. Gail volunteered to pick it up before the next meeting.
- Ellen asked committee members to relay their thoughts about the survey results Patricia Oh presented at the last meeting. Nancy did not have any specific comments. Ron indicated he was interested and intrigued by the comments people made. Eliot needs a forum for us to discuss issue in Eliot. The survey is a great jumping off point. Jan indicated there was lots of information, but basically people love Eliot. We do not have a place to share information. Again, there is a need for opportunities for people to get together. Gail indicated that the information is a bit overwhelming, as there is so much data. Jean indicated that we need to prioritize what direction we want to take.

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Discussion of how to disseminate the information led to the conclusion that we should first provide the survey results to the Select Board, which should include the actual survey, the survey results and the hand out from Patricia Oh's presentation. Ellen will go to the select board meeting with Melissa and Dana and present the whole package along with a 1-page management summary.

First the information would go to the select board, then it would be put on the town's website, and it would be emailed to those who responded to survey with their contact information. After that some community meetings, to include discussion of the results and what the community wants to focus on. It was also discussed that people who completed the survey and provided their contact information will be sent the 1-page summary.

Nancy suggested that we contact the Sentinel about regularly publishing information about the committee activities. Ellen indicated that they had published notices for us in the past and that Ralph Moran from the Portsmouth Herald is also interested in publishing updates from the committee.

Review of the Community Assessment Summary that Ellen prepared

There was a lengthy discussion about the 1-page summary with some suggestions made. It was felt that there was a lot of information there, and it is easy to get bogged down in the statistics of the survey, but what it needs to focus on is the conclusions and action plan. The action plan might be something like: what's available in Eliot, and what would you like to have available and how do we go about achieving that. Ellen asked the committee members to look at the survey results again and get comments to Ellen. Ellen will rework the summary and send it out to committee members for more suggestions. Also, when distributing the information, it was decided that there needs to be an introduction about the survey, and the domains that the survey questions centered on. Ellen will develop an introduction to the survey results and indicate that the full report is available upon request.

In our action plan it was suggested that we may also want to contact local churches as well as all the service, nonprofit organizations in the area and produce a comprehensive list of available resources and their contact

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information. Ellen suggested we look at Cumberland, ME AIG web site as they have put together a tremendous resource list of services available in Cumberland.

Also, there may be grant money from AARP to fund the public hearings for renting spaces and providing food in order to engage the community.

Ellen will present to the select board on their next meeting on January 24th. Other committee members may also be attending.

Follow up on Old Business:

Ellen will continue working on the Maine Community Action Grant to get funding to disseminate the survey results through community meetings.

The meeting for volunteers for the fall prevention program, through the Southern Maine Agency on Aging is on Jan 17th in N Berwick. Gail indicated she would attend that.

Benches: Richard, who is also the president of the local rotary, said they along with the Lyons Club could provide funding for 2-4 benches, but they would not be able to do that until after July 1st. The benches would be put anywhere in town that is preferred. Interest was expressed in putting some benches on the Raymond and Simone Savage Wild Life Preserve Trail, (property of Great Works Land Trust).

Motion to Adjourn: Ron moved to adjourn the meeting. Jean seconded it. Ellen, Ron, Gail, Jean voted in favor, with no one opposing.

2:24pm, the meeting was adjourned.

Respectfully Submitted,

Gail Licciardello, Secretary