

## Approved Meeting Minutes of Aging in Place Committee

March 01, 2018

Attending: Ellen Ceppetelli, Ron Ceppetelli, Connie Weeks, Helen Sullivan, Emily Cole-Prescott, Jean Paulantonio, Bob Pomerleau - BOS Liasion, Melissa Albert - staff

Absent: Janice Cerabona, Gail Licciardello, Brigitta Gefrich

Call to order: 1:02PM

Connie stated this would be her last meeting as she was moving to Saco.

Chair update:

Ellen reported receiving a phone call today from Brigitta stating that she was resigning as an alternate member. Melissa requested that Ellen contact her to ask for a letter of resignation.

Ellen reminded us of the Saco meeting on 3/8/18. We will meet at the Town Hall in order to carpool, leaving by 8 AM. Melissa will post it as an Aging in Place Committee meeting as 5 of us are going.

Discussion of the sample survey developed by AARP-Maine to adapt it to use in Eliot, following the format of the 8 domains:

- 1) Outdoor space and buildings - questions 1 to 3 keep as written
- 2) Communication and information - questions 4 and 5 keep as written, replace "do" with "would" in 6 and consider ranking the options
- 3) Social participation - questions 7 to 9 keep as written - Ron suggested adding a question about asking a neighbor for help which resulted in a discussion of the correct domain for it
- 4) Housing - questions 10 to 13 keep as written
- 5) Respect and social inclusion - questions 14 to 16 keep as written except to replace "feel" with "think"
- 6) Civic participation and employment - questions 17 to 19 keep as written
- 7) Transportation - question 20 keep as written, question 21 replace "around Eliot" with "in the area" and add "taxi/Uber" as an option, questions 22 and 23 keep as written
- 8) Community support and health services - question 24 remove "senior center" and "phone book" as options and insert "Southern Maine" with Agency on Aging, question 25 add transportation to the list of items

Questions 26 to 31 will be moved to the beginning of the survey

Ron made a motion to accept the survey as discussed, seconded by Ellen, all in favor, no opposition.

Discussion of strategies to disseminate the survey included mailings, focus groups, senior housing, Town Hall, church groups, tables at various community events, Sentinel insert. Melissa will explore the costs of mailings and insertions. At the next meeting, we will discuss further the options, costs and possible AARP grant.

Helen made a motion to adjourn the meeting, seconded by Jean. Meeting was adjourned at 2:36 Pm

The next regularly scheduled meeting will be on 4/5/18 at 1pm at the Town Hall.