

AGING IN PLACE COMMITTEE
MINUTES 9-17-2020 (virtual meeting)

Mission: The AIP mission is to:

Provide advocacy for changes in Eliot's physical, economic, and social environment that enables Eliot residents, especially older residents, to live in their homes for as long as possible, and foster the creation of services and programs geared to keeping all residents active and engaged in the community.

Present: Ellen Ceppetelli, Ron Ceppetelli, Gail Licciardello, Melissa Albert

Absent: Nedra Sahr, Michelle Meyer

Guests: Debra Lloyd

Meeting called to order at: 4:03

Ellen indicated that if Michelle was able to come to the meeting, then she would appoint her as a voting member for today's meeting. There is a quorum to hold the meeting, as there are 3 voting members present.

Review of Minutes: Correction made to Page 4, last paragraph, should read, Nedra and Ron will send....

Motion: Ron moved, with Gail seconding, to accept the minutes as amended. Ellen, Ron, Gail all voted in favor, none opposed.

Update:

- There are 2 vacancies on the committee. Ellen has been in contact with Amanda Ouelette who has expressed an interest in joining the committee. Ellen did not know if Amanda has completed the application yet. Gail indicated she may know someone who may be interested and will contact her.
- Livability Dashboard: They are starting the collection of data. Amanda Ouelette and Ellen will meet with Melissa to brainstorm resources in the area.
- Maine Council on Aging: Ellen attended the first zoom meeting of the Wisdom Summit on 9-16-20. She plans to attend the second half of the

conference next week. Thus far had not learned new significant information.

- Ellen received a copy of the Maine Community Fund Annual Report. She will share it with committee members as there is a report about Eliot and the help of our “Fellow” from the Maine Community Fund.
- Ellen indicated she has asked to be a fellow for the City of Machias. The consultation she will provide as a fellow will all be done virtually

Foundation for Arts and Humanity: The Unlonely Project has had a name change to “Successful Aging Project.” This project developed from the Foundation for Arts and Healing, based in Brookline, MA. Ellen introduced Debra Lloyd who will be working as the facilitator for the project. She is a retired nurse with a background in group facilitation at the Rheumatology Clinic at Dartmouth Hitchcock Medical Center. The project appealed to her due to the concept of art and healing, the process of aging and how people spend their time. Debra’s training for the project will begin next week.

- Efforts to recruit people for the project have included posting on Eliot Strong, from which 2 people have signed up.
- Ellen contacted Sandy Burkett regarding residents of Baran Place. Sandy spoke with everyone, 5 were interested, but none wanted to participate via the computer.
- Ellen contacted Helen Sullivan and Jan Cerabona to see if they may know of anyone who may want to participate.
- Ron posted it on Eliot online, and Ellen posted it on Eliot Strong.
- Patty Kimball who compiled our action plan, wondered if people outside of Eliot could participate.
- Ron indicated he will contact a woman he knows
- Gail indicated she will send copy of flyer to Great Works Family Practice in S. Berwick
- Ellen will contact Kyle at community services to see if he knows people who might be interested
- Gail will contact SMAA about their phone pal program (which has 90 participants in York and Cumberland County) to see if they may know of anyone in Eliot who could benefit from the Successful Aging Project

Treasurers report. Brief review of Treasurers report which had been sent to the committee prior to meeting (see attached).

Motion: Ron moved to accept the treasurer's report. Ellen seconded it. Ron Ellen and Gail all approved. None opposed.

AARP Challenge Project: Should receive grant money by the end of September.

- Ron will follow up with the person at Marshwood high school about the logo contest
- Regarding the plaques for the benches, Melissa indicated that she would contact Bob's Trophy a business on Rt 236, regarding cost and suggestions for plaques.
- Gail will contact Dana Lee about any liability issues concerning a volunteer assembling the benches.
- Gail will contact Michelle to get contact information on Tom, the volunteer so she can contact Tom
- Melissa will contact Heather Muzzeroll Roy in Community Services and Steve Robinson Director of Public Works about the scheduling the installation of the benches.
- Gail will contact Heather, who most will most likely be the one to order the benches regarding the specific benches to order.

Information and Communication Sub Committee

- Press Releases: Nedra in the past has communicated with people from the press about doing an article on the grant, benches, and celebration. Will need to send something out once we know the specifics of bench installation and celebration
- Ellen has put together a summary of the grants we have received

Volunteer Engagement

- Nedra and Ron will brainstorm about recruiting new members.
- Gail will contact someone she knows, a former nurse about becoming a new member for AIP
- Website Development. At last meeting Michelle indicated she would post something on Eliot Strong, requesting a web developer to volunteer for the

committee. Ron will post a similar request on Eliot OnLine. Ron indicated that there are fees with maintaining a web site, but they can be as little as \$12/month

Public Comment: There were no public members in attendance

Motion: Gail moved to adjourn, with Ron seconding it. Gail Ellen and Ron voted in favor, none opposed.

The meeting was adjourned at 4:59pm

Respectfully submitted,

Gail Licciardello, recording secretary for the day.

Attachment: Sept 2020 AIP treasurers Report