

## Minutes Aging in Place Committee

Eliot Maine 03903

November 9, 2017

Meeting was called to order by Melissa Albert, Staff Assistant, at 4:00pm

Attendance: Present:

Ellen Ceppetelli, Ronald Ceppetelli, Janice Cerebona (alternate), David Emery, Gail Licciardello, Jessica O'Donoghue (alternate), Helen Sullivan, Melissa Albert, staff member,

Public participant, Connie Weeks

1. **Introduction:** Each member introduced themselves and indicated what prompted them to join the committee
2. **Election of Officers:** The following officers after being nominated, seconded and then voted upon were elected by the committee. Ellen Ceppetelli, Chair, David Emery, Vice Chair, Gail Licciardello, Secretary, and Helen Sullivan, Treasurer
3. **Purpose of committee.** Jessica advised us that the role of this committee is to be an advisor to the select board. The proposed by laws were developed by the select board. The committee can modify the bylaws with a 2/3 vote.
4. **Public Comment:** Connie weeks requested we look in to cooperating with Kittery and share their resources., specifically at the community center there. This lead to further discussion about addressing transportation issues, newspaper delivery and mail delivery to doors of elderly, more lighting in public places such as schools, the status of the community services bus, and the needs of the elderly regarding power outages and that Baron Place did not have a back up generator for the residents during the recent power outage. This lead to the discussion of need for a survey to determine the needs of the elderly in Eliot It was also discussed that elderly frequently are reluctant to ask for help. Brief discussion of the Network of Age Friendly Communities as established by AARP. The closest towns with that AARP designation are Berwick and Kennebunk. Also, it was noted that at this point the committee has no funds to operate, and that we may consider requesting some in the future.
5. **Meeting time and length of each meeting:** There was a motion, seconded and approved to establish the regular meeting as the 2<sup>nd</sup> Thursday of the month for 1 hr 20 min beginning at 4pm
6. **Identify /discuss strategies for the Committee** Discussion of need to do a survey, and most likely we will need to request money from select board. The request of money must be in by Nov 28. Janice relayed information about a "Day long Driving Community Home Summit" is being held in Portland. Janice will forward the information to Ellen who will then forward to the rest of the committee. It was decided to have an emergency meeting on Thursday November 16<sup>th</sup>. At that meeting we will identify and discuss strategies to meet the purpose of the committee, and to develop a survey and how it will be developed and to create a budget to submit to the budget committee.
7. **Other committee comments:**

Discussion about what other towns have done regarding aging in place.  
Do we have access to email addresses, and how can we ask for emails for anyone interested in aging in place, and helping the elderly. Need for transportation and rides for elderly  
We able to make use of the Eliot town alerts that are sent out on Fridays.

At our next meeting we need to Identify a process and means to get information on the needs of Eliot residents aging in place, and to develop a proposal to fund the cost of mailing a survey if that is the decision of the committee. The request to the budget committee for funds must be done by Nov 28<sup>th</sup>  
The process for reviewing and approving minutes was discuss

Suggested that committee member review minutes prior to meeting and that prior to next meeting members review the materials that were provided to us. , especially the survey.

It was noted that AARP is a great resource and may have grant money available to the committee

Important to understand that committee members cannot have a conversation about the committee topics, and should not be done through email. It was suggested that members may want to have a separate email just for this committee as committee emails can be subject to freedom of information requests which could open up all one's non- related emails to the public. Suggested that each member identify which email they would like to use at the next meeting.

Ellen Cepepetelli, the chair person, will be sending out the agenda for the next meeting.

Motion to adjourn was moved, seconded and the meeting was adjourned at 5:25pm

Respectfully submitted,  
Gail Licciardello, Secretary, Aging in Place Committee

Gail Licciardello

